

**CHRISTIAN INSTITUTE OF HEALTH SCIENCES AND RESEARCH, DIMAPUR**  
**ANNUAL REPORT OF COLLEGE OF NURSING—2021 April – Mar 2022**

**Name of the Head of the Department**

**Principal:** Dr. Christy Simpson

**Vice Principals:**

Mrs. Khumjanbeni Murry – GNM  
 Mrs. Bendangmenla Ao - B.Sc N  
 Mrs. Worlanso Shimray – PBBSc N



Mrs. Cecilia Katasi completed her term as Vice-principal for PBB.Sc Nursing program on 31<sup>st</sup> June 2021. I thank her for her contribution, support & cooperation to continue the program for the past four years.

No	Resigned	Joined
1	Ms. Oshin Laishram	Ms. Yitheni Mary Pfozhe
2		Ms. Alijungla Ms. Lianlalven

**Higher Studies**

Ms. Thujovelu, B.Sc N Tutor was sponsored to do M.Sc N, Child Health Nursing in CMC Vellore.

**College Foundation Day: Decadal Celebration**

The decadal thanksgiving celebration was held on 21st October 2021 at 3 pm in the Noksangchila's girls hostel on the theme "Excel in everything". The program started with flag hoisting programme which held in the morning at 8:30am in the college. The chief guest was Mrs. Bharathy Jacob former Principal, College of Nursing. The formal program started at 3pm. The program was led by Ms. Zuchanbeni Humtsoe and a special prayer song by Ms. Ritshole Wetsah 2nd year BS.c student. The gathering was welcomed by Prof. Purnungla Aier, the Nursing Superintendent. Dr. Sedevi Angami gave the director's address, where he mentioned that the scope and spectrum of nurses is so vast that we need to work on improving nursing quality in the region. A short 10 years of college of Nursing report was presented by Dr. Mrs. Christy Simpson, Principal, College of Nursing. Felicitation was done by Mrs. Bharathy Jacob, where she congratulated the efficient team members of the college and wished them success. Dr. Vizolie Z Suokhrie, former Principal Director, in his speech acknowledged the college for its efficiency and setting the high quality standard in terms of producing quality nurses not only for the state but also abroad. The souvenir was released by the Chief Guest Prof. Dr. Darlando Khathing, Vice Chancellor, North East Christian University, Dimapur which was followed by his address. He appreciated the college activities and expressed the need for quality education with innovative teaching methodology for quality patient care. He also emphasized on human touch of nurses and not to be replaced by advancement in technology. Prof. Bendangmenla Ao presented the activities carried out each month during the last one year. Word of God was shared by Rev. Dr. Phuveyi Dozo, Formal General Secretary, NBCC. A short drama depicting the mile stones of college was performed by the 3rd year Bsc nursing students. Ten years of faithful service rendered by faculty were awarded. Ms. L. Emi Humtsoe, Ms. Khumjanbeni Murry, Ms. Arhoni Tungoe and Ms. Daizy Rani received the award. The meeting ended at 6pm with vote



of thanks and benediction by Mrs. Khumjanbeni Murry & Dr.Viu Meru respectively. The program was followed by a sumptuous dinner for all the members present for the occasion.

### SELECTION :2021 -2022

Candidates were short listed based on the merits in Higher Secondary education & they were interviewed through WhatsApp Video and got selected based on the performance & guidelines. Regular off line classes started from October 2021

### Enrollment of students

SNo	BATCHES	PROGRAM	ANNUAL INTAKE	ENROLLED	TOTAL
1	11 <sup>th</sup>	GNM	30	30	90
2	11 <sup>th</sup>	PBBSC N	20	6	23
3	8 <sup>th</sup>	B.Sc N	40	40	158
TOTAL					271

### Academic Activities:

- Regular classes and practical's in the clinical area and laboratory resumed as per the curriculum plan for the students.
- Extra curricular activities introduced are
  - NSS Activities : I yr B.Sc N
  - Skill Development program – 2nd year B.Sc N
  - Transform4 life ( Alive) : III yr B.Sc N
  - Bible Class / Moral Value classes
  - Sports & Games.
- Few students were tested positive for Covid -19 & Omicron. Isolated in the hostel & monitored. Joined for work successfully.
- Students have done Research projects, conducted workshop, seminar, Symposium, panel discussion, role play and AV aids exhibition as their requirements.
- The first year GNM students are registered under Nagaland Nursing Council from 2020 batch
- Enhancement of seats approved from 30 to 50 GNM & 40 to 50 B.Sc N. from 2022 -2023

### Examination

- GNM first year exams conducted in September, 2021 under Nagaland Nursing Council.
- GNM II Year & III under Assam Nurses Midwives Council
- B.Sc N & Post Basic B.Sc N exams conducted in September 2021.

### Results:

**B.Sc N** : I Year : 77% , II Year : 79%, III Year : 79% & IV Year: 91%

**PBBSc N**: I Year: 88% & II Year 100%

**GNM**: I Year: 60% , II Year :97% and III yr 100%

## Student Nurture

The following Activities were conducted by the students with the help of faculty

- Had SNA General Body Meeting & Handing over ceremony of Cabinet members: 3rd Sep, 2021
- Fund raising : Grand Sale : 21st Aug ,2021
- Seniors farewell : 26th Aug,2021
- Fresher's welcome : 29th Oct, 2021
- Final Year Retreat : Itiben Resort – Aug, 2021
  - Students' Picnic/ Retreat
- Teacher's day celebration
- NSS Activities
- Celebration of National & International days
- Students' Annual Festival (SAFest)
- Mentorship program



### LAMP LIGHTING CEREMONY:

It was conducted in Lionel Gnanaraj Hall for the 11th batch of GNM (30) & 8th batch B.Sc.N (40). Parents were invited for the function. The Chief guest was Dr. Mrs. Vinitha Ravindran HoD of Continuing Nursing Education, CMC, Vellore. The program ended with dinner with parents and staff of CIHSR.



### COMMUNITY ORIENTATION PROGRAM

The Community Orientation Programme (COP) for the first year students of CIHSR (Nursing and Allied Health) was planned by Community Health Nursing Department Mrs. Lidziisa and her team which was held from 07-02-2022 till 12-02-2022 at Vidima Village, Chumukedima, Nagaland. The Vidima village provided accommodation for 91 students and 6 teachers at the premises of Government Primary school, Vidima. The students were divided into 5 groups with two teaching faculties from CON and AHS supervising each group. The main objective of the COP was to understand the community, their background and health related problems that relate to the patients that come to the hospital before the students taking care of the patients in the hospital.

### PLACEMENT OF GRADUATES: 100%

Most of the graduates joined in CIHSR, Dimapur

#### Some of the graduates joined in:

- Baptist Christian Hospital, Tezpur,
- Christian hospital Makunda
- AIIMS, Delhi
- Tata Medical Center, Kolkata
- Satribari Mission Hospital, Guwahati
- Apollo Hospital, Guwahati,
- Narayana Group Hospitals, Guwahati

- Times Hospital, Guwahati
- Private Hospitals in Dimapur
- Govt.Hospitals : NHM program, Nagaland
- Govt Hospitals, Arunachal Pradesh

## **Faculty Development Program**

### **CONTINUING NURSING EDUCATION**

- Online courses / workshop and conferences related to Covid -19 , Leadership, Management & Mental health were attended by faculty.
- Resource persons for Covid related online & offline classes
- Regular Monthly Bible Study conducted focusing on the core values of the institution
- Regular CNE was conducted twice in a month online & Off line
- **Workshop :**

#### **Local:**

- “ Teaching strategies for under achievers” conducted on 28<sup>th</sup> July. Resource person was Dr. Y. Simpson.
- “Teaching Methods as Role Play” conducted by Mr. Manesh Mathew – August, 2021
- Construction of Questions by Dr.Mrs. Christy Simpson, Mrs. Bendangmenla Ao & Mrs. Worlanso Shimray on Feb 16<sup>th</sup> ,2022.
- SYIS Workshop

#### **State: Construction of Question**

One-day state workshop on ‘construction of Questions’ was organised by college of Nursing, CIHSR, Dimapur on 16th February, 2022. A total of 32 participants attended the workshop (3 from NHAK, Kohima, 1 from IMDH, Mokochung, 1 from District Hospital, Dimapur, 2 from Northeast Christian University, and 25 from CON, CIHSR). Mrs. R Asangla Imsong, Senior Nursing Tutor of SON, NHAK was the CNE observer from NNC. A pre-test was administered before the sessions started. Mrs. Bendangmenla Ao, Professor, and Vice-principal (BSc. N Course) elaborated on the essay-type questions, Mrs . Worlanso A Shimray, Asst. Professor and Vice-principal (PBBSc. N course) highlighted the objective type question and explain about completion type of questions and Dr. Mrs.Christy Simpson, Professor, and principal of College of Nursing, CIHSR discussed the Multiple Choice Questions.

#### **Regional:**

Regional workshop on **Simulation and OSCE: Tools For Nursing Competency** was organized from 23rd to 25th March 2022 by the College of nursing, CIHSR, Nagaland. This workshop was organized looking into the need to evolve with the changing trends in Nursing Education. There were 36 participants from Nagaland, Meghalaya, and Assam. The Resource persons were Ms. Levis Murry, Associate professor & Certified Simulation Instructor, AIIMS, New Delhi and Ms. Milan Tirwa, Associate professor, AIIMS, New Delhi, Dr. Christy Simpson, Principal, CoN, CIHSR, Ms. L Emi Humtsoe, Professor Medical-Surgical Nursing & Certified Simulation Instructor CoN, CIHSR, Ms.Nukshijungla Ao Associate professor, CoN, CIHSR.

### **Leadership Position in Other Organizations**

- Dr.Mrs. Christy Simpson : President – Nagaland Nursing Council (NNC)
- Mrs. Purnungla Aier : Chair person : Protection of Nurses (NNC)
- Mrs. Emi Humtsoe : Member of Education & Training committee (NNC)
- Mrs. Bendangmenla Ao : Ethical Committee (NNC)
- Mrs. Khumjanbeni Murry : Executive committee member & CNE member (NNC) & Assistant Secretary - State TNAI, Nagaland

- Mrs. Zuchanbeni Humtsoe : Finance Committee (NNC)
- Mrs. Nukshijungla Ao : Member in Nagaland Psychological Counselling team for nurses.

### **Participation in Net working**

- Mrs. Khumjanbeni Murry  
A panellist for Panel Discussion on “ Taking Care of the care givers Organized by Confederation of Indian Industry in the month of August ,2021  
A session on Reflection on Mental Hygiene & its impact on Adolescent Learning for the students of Department of Education, Tetso College, Dimapur. 3<sup>rd</sup> November,2021
- Mrs. Emi Humtsoe & Bendangmenla Ao : Moderators for the On line conference organized by CMAI – NL wing for nursing students – November 11<sup>th</sup> 2021

### **Launching Of Logo, Vision, Mission and Core Values for College of Nursing**

Logo was designed after getting approval from AOs.

Vision, Mission & Core values were derived from CIHSR Motto & Vision which were presented and got accepted

Started Using new Logo from 2021.



**Vision** : Nursing excellence for individual and community transformation,

**Mission** : Being inspired by the greatest healer, Jesus Christ, the College of nursing strives to-

- Develop nursing personnel to provide exemplary service with compassion, innovation and professional competence.
- Reach out to transform lives through excellence in education, research, practice and leadership.
- Inculcate the ethos of work and service in response to areas of need for positive change in the health of the nation.

**Core Values:** Care and compassion, Integrity, Humility, Service with Commitment, Respect & Dignity and Professional Excellence

### **PUBLICATION**

1. Nukshijungla Ao. A study to assess the Learning style preferences among selected GNM, and Bscn Nursing in college of Nursing, CIHSR. Journal of nursing science & Practice STM JOURNALS VOLUME 11,2021
2. Bendangmenla Ao. Knowledge, Attitude and Practice of parents regarding Home Remedies used for Children with Respiratory problems. International Journal of Nursing science Practice & Research. VOLUME 7, Issue 1,2021.
3. Nongozonuo Khape. A study to assess the factors contributing to Non compliance of Hypertensive Patients. Asian Journal of Nursing Education and Research. (AJNER) Volume 11/ issue-02.Apr –June 2021.
4. Cecilia katasi. Level of stress and anxiety regarding Covid-19 among Nursing students. Asian Journal of Nursing Education and Research. (AJNER) volume 11/ issue-4,Oct – Dec 2021
5. Tungoe A & Simpson C.”A study to assess the Effectiveness of Structured Teaching program on Knowledge and Practice regarding prevention of Anaemia among Antenatal

Mothers attending antenatal OPD” at CIHSR,Dimapur, Nagaland. International Journal of women’s health Nursing.Volume:04 , Issue:2, Year 2021

## **Research:**

### **Completed**

1. Tungoe A & Simpson C. “A study to assess the Effectiveness of Structured Teaching program on Knowledge and Practice regarding prevention of Anemia among Antenatal Mothers attending antenatal OPD” at CIHSR, Dimapur, Nagaland.
2. Cecilia Katasi. A study on course and outcome of pediatric admission in ICU of CIHSR, Dimapur,Nagaland

### **Ongoing:**

- 1.A study to assess the level of patient satisfaction related to nurse’s specific aspects of communication and care provided in the selected areas of the ward – Mrs. Bendangmenla Ao
- 2.A study to assess the prevalence of depression among alcoholics in patients admitted in CIHSR, Dimapur – Mrs. Nukshijungla Ao
3. A study to assess the attitude of COVID vaccination among the health care workers in CIHSR, Dimapur- Ms. Arhoni Tungoe

### **NAAC Accreditation**

The first cycle of NAAC Accreditation has been completed with the Institutional Information Quality Assessment (IIQA) , Self Study Report and assessment by peer Team visit. A peer team constituted by the NAAC under the chairmanship of Professor M. Pushpavathi Mariswamy, along with coordinator

Dr. Geeta Parwanda and member Dr. Manju Chhugani, assessed the institute from February 24 to 25, 2022 and handed over the report to Internal Quality Assurance Cell (IQAC) Coordinator Mrs. Bendangmenla Ao & Principal Dr.Mrs. Christy Simpson.The peer team members while lauding the efforts of the young and dynamic faculty, emphasized on strengthening student centric innovative educational approaches and research activities. As per the information received from NAAC office , the College of Nursing, CIHSR is a NAAC Accredited Institution from 2022 – 2027. The grade is “B”. **We are the second college of Nursing to get NAAC accreditation among the Nursing colleges in North East, India.**



### **Enhancement of seats:**

Since the institution is growing and the need for nurses is also increasing , we are Planning to increase the seats of GNM from 30 to 50 and B.Sc N from 40 to 50. Nagaland Nursing Council inspected the college for approval and gave positive report and waiting for INC approval.

### **Inspection for Validity Renewal:**

Panel Members of Nagaland University came for inspection on 26<sup>th</sup> March,2022. Renewed the validity for the academic year 2022 -2023.

### **Way Forward:**

- To develop CIHSR as Regional Center for Simulation - Nursing
- To introduce skill based extracurricular activity program for students
- To sponsor faculty for Ph.D program – Two faculty have registered
- To start Post Diploma and Post graduates program in Nursing
- To install On line Student Management System

- To promote Net working with other institution

“Give thanks to the Lord, for he is good; his love endures forever.” | Chronicles 16:34

Glory be to God for His faithfulness, protection and Mercy in our services to the patients through our students and staff, the wisdom, knowledge and strength given to all the faculty to teach and meet all the requirements of the students. My heartfelt thanks to all the vice principals, faculty, non teaching staff and administrators for their support, cooperation and encouragement to carry out the task successfully throughout last year.

Recorded by: Dr.Christy Simpson, Principal, CON,CIHSR