## **Christian Institute of Health Sciences & Research**

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## **College of Nursing**

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CIHSE

## **REPORT ON NSS ACTIVITIES (2021 TO 2022)**

CIHSR NSS unit includes 79 student volunteers of 1<sup>st</sup> yr and 2<sup>nd</sup> yr B.Sc Nursing Students who are supervised by 4 teaching faculty. Annual schedule of events/activities are prepared by the NSS coordinator and the students actively participate in various activities/programs throughout the year The NSS unit also maintains the garden situated in front of the College of Nursing.

The various NSS activities carried out are:

SL. NO	DATE	No. of student participation	EVENT	Description of Activity
1.	Once Weekly	1 <sup>st</sup> yr B.Sc (N): 40 2 <sup>nd</sup> yr B.Sc (N): 39	Campus cleaning, gardening and	Monday or Tuesday Area: College of Nursing, Library and
2.	6/10/2021	1 <sup>st</sup> yr B.Sc (N) : 40	Plantation Orientation to NSS	student girls hostel Powerpoint presentation
3.	10/10/2021	79	World mental health day	<b>Poster competition</b> on the theme "Mental health in an unequal world"
4.	21/11/2021	2nd yr B.Sc (N) students : 15	World Day of remembrance for road traffic victims	Theme: ACT for LOW SPEEDS/ ACT for LOW SPEED STREETS Slogan: REMEMBER. SUPPORT. ACT The students performed a skit on the effects of RTA and gave speech to create awareness on the risk factors of RTA. A minute of silence was also observed in remembrance of road traffic victims. Venue: CIHSR hospital
5.	20 <sup>th</sup> to 22 <sup>nd</sup> Dec 2021	79	Students Annual Festival (SAFEST)	Students participated in track, literary and sport events with other students.
6.	7 <sup>th</sup> to 12 <sup>th</sup> Feb 2022	1 <sup>st</sup> yr B.Sc (N) : 40	Community orientation Programe (COP)	Conduct Survey and analyze it. Resource mapping Providing health education and awareness program. Social work/promote environmental hygiene. Group discussion Conduct Health camp
7. 8.	20/2/22 22/2/22	79 79	Hostel cleaning Campus cleaning drive	

9.	3/3/22	1st yr B.Sc (N) : 40	Session on	Resource person: Ms. Orentsani
		, , ,	"Personality	Kithan, Clinical Psychologist, CIHSR.
			development"	
10.	3/3/22	18	World Hearing	Drawing/Painting competition held
			Day	by ENT department. Ms. Rachna
				Chauhan of 1 <sup>st</sup> yr B.Sc was awarded
				2 <sup>nd</sup> prize.
11.	8/3/22	79	International	Attended the Awareness program
			women's Day	organized by Dimapur District Legal
				Services Authority. Nagaland at
				CIHSR.
				Theme: "Gender equality Today for a
				sustainable Tomorrow"
12.	10/3/22	2 <sup>nd</sup> yr B.Sc (N)	World Kidney day	Theme: "Kidney health for all"
		students : 10		Conducted awareness program at
				Dialysis unit, CIHSR.
13.	7/4/22	1st yr B.Sc (N)	World Health	Theme: "Our planet, our earth".
			Day	Conducted awareness program
				through a song, skit and speech on
				the theme at MOPD, CIHSR.
14.	27/5/22	1st yr B.Sc (N):40		Attended awareness program on
				tobacco and its ill effects by Mr.
			World No	Temjenlen Tzudir, tobacco cessation
			tobacco Day	coordinator, CIHSR.
15.	31/5/2022	1st yr and 2nd yr		Poster competition. Displayed in the
		B.Sc (N): 79		outpatient department.
16.	31/3/22	1st yr and 2nd yr	Awareness on	Students attended the program
		B.Sc (N): 79	"Eat right	organized by Food Safety Dimapur,
			campus" an	Department of Health and Family
			initiative of Food	welfare, Nagaland in collaboration
			Safety Standard	with CIHSR, on the theme "Eat safe
			Authority of India	and Healthy".
17.	5/6/2022	1st yr and 2nd yr	World	Theme "Only one earth"
		B.Sc (N): 79	environmental	Cleaning drive and gardening
			Day	(HERBAL GARDEN) was conducted
				initiated by NNS unit in collaboration
				with Community Health department,
				CIHSR.
18.	14/6/2022		"World Blood	Organized by NSS unit in
			Donor Day"	collaboration with Department of
			Theme:	transfusion Medicine Blood Centre,
			"Donating blood	CIHSR. Activities includes:
			is an act of	1. Poster competition to create
			solidarity. Join	awareness on blood donation.
			the effort and	2. Attending awareness program.

			save lives	3. Voluntary blood donation: 27
				students volunteered and 15
				students qualified to donate blood
				after screening.
19.	5/9/2022	1st yr and 2nd yr	Teachers day	Organized a special program for the
		B.Sc (N): 79 along	Celebration	teachers.
		with other students		



Survey, Resource Mapping and Group Discussion in the community





**Campus cleaning and gardening** 



**Cleanliness drive** 



Attending awareness program on International women's Day



**Conducting Health camp** 



Providing health education in the community



Participating in poster competition and winning prizes



Conducting awareness program in the hospital



Conducting awareness program on "World Day of remembrance for road traffic victims"



Attending a session on "Eat right campus" an initiative of Food Safety Standard Authority of India

Reported by:

Reto

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Principal

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