



Christian Institute of Health Sciences & Research

4th Mile, Dimapur, P.B. No. 31, P.O. ARTC. Nagaland – 797115. Ph: 03862-242555 www.cihsr.in



College of Nursing

Email ID: con.cihsr@gmail.com

Phone No: 03862242555

ANNUAL REPORT April 2022 – March 2023

Governance

Name of the Head of the Department

Principal: Dr. Christy Simpson

Vice Principals:

Mrs. Khumjanbeni Murry – GNM

Mrs. Bendangmenla Ao - B.Sc N

Mrs. Worlanso Awungshi Shimray – PBBSc N

Staffing: College

M.Sc N : Professor : 6 (Including NS)
 Asso.Prof : 5
 Asst.Professor : 4
 M.Sc N Tutor: 1

Gold Star

The Staff of College of Nursing was awarded Gold Star by the CIHSR Institution in the month of April 2022 for the achievement of NAAC Accreditation.



Resigned	Joined
Ms. Alijungla	Ms. Nungsangmenla Longkumer
Ms. Sedevinuo	Ms. Salew Rathone
Ms. Karen Phucho (Study Leave)	Ms. Nancy Rai
Ms. Ningrinchon Rumthao (Study Leave)	Ms. Alibo Kiho
	Ms. H Emeni
	Ms. Tolivi Kiho

New Tutor Post

Three tutor posts are sanctioned since the B.Sc N students 10 seats are enhanced . Two replacement & three sanctioned post to be appointed. A total of five and four joined and one more to join.



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Integration of Nursing Service & Education

All the M.Sc Nursing staff are appointed under College of Nursing from 2022 -2023 academic year. The distribution of working hours in college and Hospital are : Those who are in College the ratio for their contribution to the college and Hospital is 70% :30% respectively & faculty in the hospital are 10% : 90% respectively.

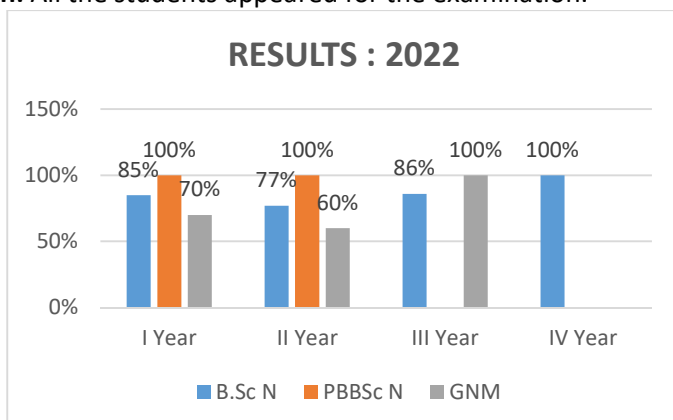
Selection & Enrollment :2022 -2023

Students were selected by written examination, practicals & Interview

SNo	BATCHES	PROGRAM	ANNUAL INTAKE	TOTAL APPLICATIONS	ENROLLED	TOTAL NUMBER OF STUDENTS
1	12 th	GNM	30	146	30	89
2	12 th	PBBSC N	20	16	13	18
3	9 th	B.Sc N	50	88	50	170
TOTAL						277

Academic Activities

- The syllabus for the basic B.Sc N is changed as per the National Education Policy and semester system is introduced from academic Year 2022 -2023. It adopts credit system and semester system as per the Authority guidelines with minor modifications suitable to professional education in a hybrid form. The program encompasses foundational, core and elective courses. The choice-based system is applicable to electives only and is offered in the form of modules. Modular learning is also integrated in the foundational as well as core courses that is mandatory.
- Regular classes & practicals started from October first week for the B.Sc N, PBBSc N and GNM students.
- **Vidyalaya Online** platform is installed for online student management in the month of March 2023. The staff are trying to familiar with the system and it will be implemented from academic year 2023 -2024.
- **On Line Learning Management** system by **Naga Ed** is initiated. Four faculty are deputed to learn the platform and it will be introduced from next academic year 2023 -2024.
- **NAAC:** Annual Quality Assurance Report (AQAR) Submitted on 28th Feb 2022
- **Examination:** All the students appeared for the examination.





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Inspection

Indian Nursing Council

Applied to Indian Nursing Council for enhancement of seats for GNM from 30 -50 and B.sc N 40 -50. Inspection team came on - 1st & 2nd Aug , 2022 for enhancement and Periodical inspection for PBBSc N Course.

B. Sc enhancement was approved, 50 students were admitted from 2022 -2023 academic year & GNM was not done stating few inadequacies which will be rectified to apply for the next academic year.

Nagaland University Renewal and validity:

Validity was renewed without inspection for the academic year 2022 -2023 since the college was accredited by National Assessment and Accreditation Council (NAAC).

STUDENT NURTURE

Scholarship

- Three GNM students from Madhepura Mission Hospital namely Nitu Kumar , Neelam Kumari & Dominica were given 50% concession , GNM student Lhuvosalu Dozo given 80% concession for the academic fees from the institution and they will serve the institution for three years.
- Majority of the students got State scholarship
- One of the students got a merit scholarship from the Directorate of Higher education, Kohima.

Mentorship

Faculty continued the mentorship program. Remedial coaching is formalized for the betterment of the students learning.

SNA Activities:

- Investiture ceremony of Cabinet members: 24th Aug, 2022
- Had SNA General Body Meeting two times
- Fund raising: Grand Sale: 20th Aug ,2022
- Seniors farewell: 26th Aug,2022
- Fresher's welcome: 18th Nov, 2022
- Retreat for all the batches conducted
- EU meetings conducted every Friday
- NSS Activities were carried out
- Celebration of National & International days were conducted by the students
- Participated in interdepartmental celebration and won prizes for the poster presentation
- College of Nursing Festival (Con Fest 2022) was conducted from 23rd to 26th Feb,2023.



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Swachhta Pakhwada 2023

On April 8th 2023, the Department of Psychiatric Nursing, Lokpriya Gopinath Bordoloi Regional Institute of Mental Health (LGBRIMH), Tezpur, Assam organized a painting competition on the annual observation of **Swachhta Pakhwada 2023**, under the theme of “**Swachhta**”.

The event started at 12:30 pm in the OPD Class room in the Out Patient Department block of the hospital. Two (2) students from GNM 2ND year Ms. Takatula Imsong and Ms S.Davenai , one(1) student from PBBSCN Ms Esther Kent participated in the competition. A total of 30 students and staffs from LGBRIMH and other visiting institutions participated in the competition. Awards were also presented to the best performing individual of “Swachhta” from every department.

Ms Takatula Imsong of GNM 2nd year from College of Nursing, CIHSR bagged **first prize for the painting competition** and was awarded a trophy.

Lamp Lighting Ceremony

It was conducted in Lionel Gnanaraj Hall for the 12th batch of GNM (30) & 9th batch B.Sc.N (50) students. Parents were invited for the function. The Cheif guest was Dr.Eba Basumatary Principal, School of Nursing, Tezpur. The program ended with dinner with parents and staff of CIHSR.

Community Orientation Program

Conducted from 06/02/2023- 11/02/2023 at Shokhuvi Village, Chumoukedima, Nagaland. 80 Nursing Students & 17 AHS students Participated. It was a residential program and the villagers were very supportive of the program. It was organized by Community Health Nursing Department. Three M.sc N faculty, 6 B.Sc N Faculty and one AHS tutor helped to conduct the program.

Work Camp

The final Year Students had their work Camp at “The Track: UBC Adventure Campsite”, Kiruphema. 4th to 7th August, 2022 . The Theme was “A Journey to Authenticity”- Mr. Aonuksung Imchen introduced the theme. Camp directors were Ms. Merentola P Longkumer, Assistant Professor, CoN, CIHSR, & Ms. Ruokuokhonuo, MSc (N) Tutor, CoN, CIHSR. The students did a social work, made the crooked path in to good road in the camp site. This time the work camp was more of activity oriented with self-reflection which the students appreciated it so much.

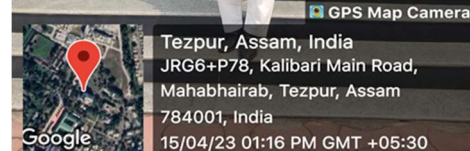


PAINTING
COMPETITION
ON SWACHHTA PAKHWADA 2023
TOPIC: “SWACHHTA”

Date: 08/04/2023
Time: Sharp 12.30PM
Venue: OPD Classroom

Who can participate??
M.Sc. Nursing trainees,
DPN, Nursing personnel &
Visiting Students

ACADEMIC BUILDING
L. G. B. REGIONAL INSTITUTE OF MENTAL HEALTH : TEZPUR





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Educational Tour:

The **second year B.sc N** students had been to Army Institute of College of Nursing &GNRC, Guwahati & **IV Yr B.sc Nursing** students went to CMC Vellore.

Gender Sensitization Program for Students

International women's day:

The day March 8th, 2022 started off with a poster competition on the theme: "DigitAll: Innovation and Technology for Gender Equality" and the competition was held in LG Hall. 12 participants, representing from 6 classes participated in the competition where the students executed their creativity and display their abilities in the form of poster. Winners were awarded. At 10:00 am the program for the International Women's Day celebration was held at LG hall. The International Women's day theme exposition on "DigitAll: Innovation and Technology for Gender Equality" was given by Mrs. Atemla Anichari. She emphasized on innovation and technological change, and education in the digital age for achieving gender equality and the empowerment of all women. All the students 276 attended the programme.

Adult Reproductive and Sexual Health

A session on sexual and reproductive health was organized on 24th May 2022 for all the nursing students of College of Nursing, CIHSR. The students were divided into four groups with one of the resource persons conducting the session.

The objectives of the programme were

- To provide information about sex, sexuality and relationships.
- To sensitize the students on unintended pregnancies and Sexually Transmitted Infections.

The session was conducted with case based discussions with the students actively involved in discussions. Time was also given for Questions and Answers where the students were able to clarify their doubts and misconceptions.

Anti-Ragging

The GNM, B.Sc N & PBBSc Nursing students are admitted on September 28th. On the first day, the anti-ragging information was given to the students with their parents. After which the undertaking was signed by the students and the parents which are filed. They were also asked to register in the Anti Ragging Portal www.antiragging.in registration, they have done it which is filed with the registration number.

Internal Complaints Committee

Mrs. A Purnungla Aier presented the guidelines to the students regarding Sexual Harassment. All the students attended the program.

Fire Safety

All the students class wise sensitized related to disaster preparedness. Mr. Bendangsunep took a class with demonstration on fire safety.

Placement Of Graduates: 100%

National: Most of the graduates joined in CIHSR, Dimapur, mission, Government and private hospitals of India

International:

Focus Search Service, Singapore: Mr. Woon Bee Chai, Employment consultant of one of the international Agencies of Focus Search Services conducted an online seminar for our outgoing batch on 29th September, 2022. B.Sc N candidates 36 and GNM candidate 26 attended the seminar.



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Thirteen (13) GNM are registered to join the job in Singapore. Three male nurses have joined the agency in the month of February, 2022.

FACULTY DEVELOPMENT

Continuing Nursing Education

Training

- Regular CNE was conducted twice a month

Higher Studies

- Three Faculty are Sponsored for Ph.D. program under Martin Luther University, Shillong
 - Mrs. Bendangmenla Ao
 - Mrs. Khumjanbeni Murry
 - Mrs. A. Purnungla Aier
- Two B.Sc N Tutors joined for M.Sc N in Medical - Surgical Nursing
 - Mrs. Ningrinchon Rumthao
 - Mrs. Karen Phucho
- Post Diploma Courses
 - Mrs. Bendangmenla Ao (2Years)
 - Mrs. A. Purnungla Aier (1 Year)

Workshop Attended:

- **Mrs. Worlanso A Shimray, Mrs. Bendangmenla Ao, Dr. Christy Simpson, Mrs. Nukshijungla Ao, Philanim A Shimray & Merentola Longkumer, Mrs. Lidziisa Mai, Mrs. Neiketounuo Medom, Ms. Ruokuokhonuo Livi attended**
National Workshop on Preparation for AQAR, conducted On Line: from 4th -7th April, 2022 by Sao Chang College, Tuensang
Faculty Development: Short Course on Forensic Nursing, 30th & 31st April Organized On Line: by Ministry of Health &
e- Conference on "Promoting quality health through Novel Interventions for an ageless Era." Army Institute of Nursing, Guwahati- April 19 -22, 2022.
National Level workshop on "Online Teaching Tools Organized by ESSGEE Digiskills 11th to 25th April, 2022
Research Grant & Techniques of Data Analysis, On Line: by Patil, College of Nursing, Patna 8th April 2022
- **Mrs. Worlanso A Shimray, Mrs. Philanim A Shimray, Mrs. Nongozonuo Khape, Mrs. Neiketounuo Medom, Ms. Theyiesinuo & Mrs. Imliyangla** " Digital Learning for Teachers Navigating NagaEd LMS" Nov 2022.
- **Philanim A Shimray & Merentola Longkumer & Mrs. L Emi Humtsoe** attended " Patient Safety & Nurses Resilience in Perioperative Practices" 23rd & 24th March On Line: 2023.
- **Mrs. Khumjanbeni Murry** attended a webinar on "Clinical Challenges in the management of geriatric Psychiatry Disorders" National Institute of Mental Health & Neuro Sciences
- **Mrs. Zuchanbeni Humtsoe** attended a Workshop on "Skill Standardization & Simulation Training" Organized by Indian Nursing Council, New Delhi 1st to 5th Aug, 2022
- **Mrs. Bendangmenla Ao, Dr. Christy Simpson, Mrs. Nukshijungla Ao, attended a " Coaching Skill for Leaders"**

Regional Seminar & workshop Organized:

Seminar & Workshop: 9th & 10th March, 2023

Two days "Regional Seminar & Workshop was conducted by CoN, CIHSR

Topics for the seminar was "Intellectual property Rights

Under a tripartite agreement between
Government of Nagaland - Christian Medical College, Vellore - Emma





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& Innovation and Research”

Seminar Speakers: Gihukali Chishi & Kekuneil Ltu,

Patent Information centre, Kohima

Dr. Gitumoni Konwar, Principal, Health sciences, Kasiranga

University, Mrs. Nongozonuo khape, & Mrs. Bendangmenla Ao,

Workshop On “Writing manuscript for Publication & Research

Critique” was conducted on 9th March, = **Resource Persons:** Dr. Mrs. Christy Simpson

& Mrs. Emi Humtsoe

A total participants : Seminar: 195 (126 UG students, 25 PG students & 44 faculty) and Workshop 47

Representations were from Shillong , Nagaland , & Assam.

Conference & Seminar conducted by Faculty for staff Nurses:

District Level

- Identifying sick child by Mrs. Bendangmenla Ao 29th Nov 2022
- Managing Chemotherapy side effects: A Nurses Role by Mrs. Nongozonuo Khape , 28th Sep 2022
- Assessment & Management of post operative pain by Mrs. L Emi Humtsoe, 27th July, 2022
- Developing Competence in Respiratory Assessment by Mrs. Philanim A Shimray 8th June, 2022
- STEMI Alert. Rapid Response to Acute Myocardial Infarction conducted by Ms. Lanunaro 23rd Feb, 2023

State Level Seminar

- Code Blue: ABC to CPR by Mrs. Nukshijungla Ao , 24th May, 2023

State Conference:

- Nursing as a Profession: towards continuous quality Improvement, 19 & 20 Oct, 2022 , Resource persons were Mrs. Imliyanga, Ms. Lanunaro, Mrs. Worlanso A Shimray, Ms. Arhoni Tungoe, Ms. Theyiesinuo & Mrs. Luhem Kamei
- Mrs. Philanim A Shimray attended a 77th TNAI National Conference, Jan 2023

Net Working with other Institutions:

- **Mrs. Worlanso A Shimray & Mrs. Cecilia Katasi** conducted a seminar on “ Educational Methodology for the Teachers in Shemrock School, Dimapur.
- **Ms. Ruokuokhonuo Livi & Ms. Rongsenlemla** conducted a workshop on selected First Aids management for college students at Unity College, Dimapur.
- **Ms. Ruokuokhonuo Livi & Ms. Philanim A Shimray** conducted a workshop on selected First Aids management for college students at Vision Higher Secondary School, Dimapur.
- **Mrs. Khumjanbeni Murry, Mrs. Nukshijungla Ao, Ms. Neiketounuo Medom, Mrs. Imliyanga,** conducted a Health Talk on “Adolescent and reproductive Sexual Health’ in Tetso College, Dimapur.
- **Mrs. Nukshijungla Ao,** conducted a Health Talk on “Adolescent and reproductive Sexual Health’ at Sumi Baptist Church, Purana Bazaar, Dimapur.
- **Mrs. Worlanso A Shimray** presented a Health talk on “Maintaining Optimum Health” at Miqlat Ministry, Discipleship camp, Dimapur
- **Mrs. L. Lidziisa Mao & Nungsangmenla Longkumer** presented a talk on “Women’s health” at Patkai College, Dimapur.

MoUs with other Institutions

1. Unity College, Dimapur.
2. Shemrock Higher secondary School, Dimapur.

Visit to Accredited College

- **Mrs. Bendangmenla Ao & Mrs. Nukshijungla Ao** Visited Subharti University on 7th & 8th Sept 2022 as an observation to higher grade NAAC Institution
- **Objectives of the Visit**

- To observe the facilities available as per NAAC Requirements

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Faculty Retreat

- September 17th 2022, Faculty Retreat was arranged.
- Theme: Who Am I
- Venue: Carmel School, Dimapur
- Speaker: Fr. Sajan Joseph

College Foundation Day:

Celebrated on 21st October, 2022. Mr. Paul Dass, “Tent Making Ministry” Bangalore was the chief Guest. He gave a speech on faithfulness narrating with life example which inspired all the faculty. The program ended with cake cutting.



Community Health Nursing Project

• Women’s Club

Women’s Club: The Women’s Club is organized both in the urban and rural areas (Urban: Sumisa colony of Burma camp and Rural: Singrijan village). Women’s club is conducted on alternate months once in Urban and Rural communities every **fourth Wednesday of the month** at the Community hall in Singrijan and participants' houses in the Urban area.

1. Physical Assessment including, BP checking, GRBS, Vitals signs
2. Demonstration and re- demonstration of handwashing
3. Cooking demonstration on nutritious diet using locally available and seasonal foods.
4. Best out of waste (pen, pen stand, basket using newspaper and calender, flower making, doormat using plastics waste)
5. Soap making
6. Games like musical chair, balloon fight and Chinese whisper.

Number of Programmes conducted: A total of 3 (two) women’s clubs was conducted from last year September till date. The number of women’s participants attending the program varies from 15 to 8 members.

• Geriatric Club

Geriatric Club: The Elderly Club was initiated in Tsithrongse Village on 17th January 2023. The meeting is scheduled to have on a regular basis every **third Tuesday of the month**, of every month at the GB’s resident, with programs varying from assessment of health, to discussions on health issues and recreation. **Activities Conducted:**

1. Physical Assessment including, BP checking, GRBS, Vitals signs
2. Demonstration and demonstration of handwashing
3. Exercise: Deep-breathing exercise, Range of motion & Laughing exercise
4. Devotion, Singing and Dancing
5. Musical chair & Games like passing the ball, Blowing balloons, etc.
6. Sharing life experiences, Folk tales and storytelling
7. Providing supplementary nutrition like porridge, veg soup, boiled egg, suji, etc.

Number of Programmes conducted: A total of 4 (Five elderly clubs) was conducted as of 4th August 2023. The number of Elderly people attending the program varies from 13 to 9 members.

Mental Health For All

Under the MeHeFa project initiated and run by Community Health Department, CIHSR, regular programs are organised in 23 villages of Dhansiripar block. **Ms. Neiketounuo Medom**, from the



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CON, CHN department, who was trained in PGDMH along with the team goes and participate in giving care to the people in need.

Activities carried out in MeHeFa:

1. Awareness program to various SHG groups through the NSRLM are conducted every Friday on the topic “Understanding Mental health” where various basic explanation of health and mental health are explained, and activities on understanding their perspective of mental health are done.
2. Home visits: Regular home visits of new patients as well as old patients are done after the Friday awareness programs. Proper history collection, MSE, psycho-education and family care are given during the home visits. Challenges for the patient and care givers are discussed and medicines are also distributed from Low cost.
3. Vocational training: Rehabilitation aspect of the patients is also considered and along with Ms Rokotsino and her department, vocational trainings to patients are given. The first session of training for patients started from 4th August, 2023.

Publication

- **Mrs. Khumjanbeni Murry.** “Nurses and Selfcare.” Asian Journal of Nursing Education and Research. April –June,2022.
- **Mrs. Y Zuchanbeni Humtsoe.** “HELLP Syndrome.” Indian Journal of Continuing Nursing Education. June 2022.
- **Mrs. Nukshijungla Ao.** “A study to assess knowledge regarding Triage among Nurses working in selected areas of the hospital.” International Journal of Emergency & Trauma Nursing.” Jan 2023.
- **Mrs. L. Lidziisa Mao.** “An effective strategy for community education. International Journal of novel research and development, Feb 2023.

Research: Completed

- **Mrs. Nukshijungla Ao,** Asso. Professor, CON, CIHSR, A descriptive study on “Depression Among Alcoholics”

Research: On going

- **Mrs. Nukshijungla Ao,** Asso. Professor, CON, CIHSR, A descriptive study on “Psychological distress among first year nursing students”.
- **Mrs. Worlanso A Shimray,** Assistant professor, CoN, CIHSR, Retrospective study on “Maternal outcome on Booked and Unbooked cases”
- **Ms. Arhoni Tungoe,** Asst professor, CON, CIHSR, A study to assess the attitude toward COVID vaccination among the health care workers in CIHSR, Dimapur-

“Give thanks to the Lord, for he is good; His love endures forever.” I Chronicles 16:34

I thank all the vice principals, faculty, non-teaching staff, and administrators of the institution for their support, cooperation, and encouragement to carry out the task successfully throughout last year.

Recorded by: Dr. Christy Simpson, Principal, CON, CIHSR


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