



College of Nursing: NAAC Accredited

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REPORT ON NSS ACTIVITIES (OCTOBER 2022 TO SEPTEMBER 2023)

CIHSR NSS unit includes 90 student volunteers of 1st year B.Sc. Nursing students (1st and 2nd semester) and 2nd yr B.Sc. Nursing Students who are supervised by 4 teaching faculty. Annual schedule of events/activities are prepared by the NSS coordinator and the students actively participate in various activities/programs throughout the year. The NSS unit has also adopted a garden situated in front of the College of Nursing.

The various NSS activities carried out are:

SL. NO	DATE	No. of student participation	EVENT	Description of Activity
1.	Once Weekly	1 st yr B.Sc. (N): 40 1 st semester B.Sc. (N): 50	Campus cleaning, gardening and plantation.	Once in a week (Monday or Tuesday) Area: College of Nursing, Library and its premises.
2.	4/10/2022	1 st semester B.Sc. (N) : 50	Orientation to NSS	PowerPoint presentation
3.	5/10/2022	1 st semester B.Sc. (N) : 50	Preparation of DIY for classroom bulletin board.	DIY on topics including Anatomy and physiology, general knowledge and fun facts.
4.	10/10/2022	1 st semester B.Sc. (N) : 50	World mental health day	Poster competition on the theme "Making mental health and well-being for all global priority".
5.	14/10/22	1 st semester B.Sc. (N) : 50	Making Bookmarks and gardening (herbal garden)	20 students made books marks for the teachers as a token of gratitude 30 students help in cleaning the herbal garden of College of Nursing, CIHSR
6.	26/1/23	1st yr B.Sc. (N): 40 1st semester B.Sc. (N): 50	Republic Day	Attended Flag Hoisting program at 6:20 am at College of Nursing, CIHSR.
7.	23 rd to 25 th February 2023	276 students including 1 st semester and 2 nd yr B.Sc. Students.	College of Nursing Festival (CONFEST)	Theme: "We strive for victory" Students participated in track, literary and sport outdoor and indoor) events with other students.
8.	6 th to 11 th February 2023	1 st Semester B.Sc. (N): 50 Total Participants: 97 students.	Community orientation Program (COP) at Shokhuvi village, Chumoukedima, Nagaland	Conduct Survey and analyze it. Resource mapping Providing health education and awareness program. Social work/promote environmental hygiene. Group discussion Conduct Health camp



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9.	8/3/2023	276 students including 1 st semester and 2 nd yr B.Sc. (N) students	International women's Day	Theme: "DigitAll: Innovation and Technology for Gender Equality" 1. Poster competition on the theme. Winners: 1 st prize: Ms. Esha Gurung of 1 st semester B.Sc. N 2 nd Prize: Ms. Vilovi of 2 nd Yr B.Sc. N 2. Attended program on the theme. Quest speaker was Ms. Atemla Anichari.
10.	24/3/24	1 st Semester B.Sc. (N) : 50	Session on "Personality development"	Resource person: Ms. Orentsani Kithan, Clinical Psychologist, CIHSR.
11.	4/4/23	2 nd Semester B.Sc. (N) : 50	World Health Day	Theme: "Our planet, our earth". The students were divided into groups of 4 to 5 and were assigned to make posters on different aspects of World Health Day theme, 2023. These posters were displayed in the Medical Out Patient Department.
12.	24/4/23	Two 2 nd semester and Two 2 nd yr. B.Sc. (N) students participated in the competition along with other nursing students.	Head and Neck cancer	Poster competition organized by Head and Neck department and Oncology department.
13.	3/5/23	2 nd semester and 2 nd yr B.Sc. (N) students along with other Nursing and Allied Health students	Awareness program on HAND HYGIENE	<i>Theme: Accelerate action together. SAVE LIVES: clean your hands. A week long observation including different activities and multiple awareness programs.</i> Organized by HIC department, CIHSR. 1. Nursing students participate in the poster competition on the theme and Ms. Vilovi Swu of 2 nd yr. BSc. Nursing won the 2 nd prize. 2. On 3/5/23: faculty and students attended awareness program. On 5/5/23: faculty and students attended awareness program on the theme.



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14.	12/5/23	2 nd semester and 2 nd yr B.Sc. (N) students along with other Nursing students	International Nurses Day	Participated in the program organized by SNA Unit CIHSR. Theme: "OUR NURSES, OUR FUTURE"
15.	17/5/23	2 nd yr B.Sc. (N): 14 students	Training in "Basic First Aid and CPR"	<i>Venue:</i> Auditorium, Vision Higher Secondary School, Dimapur (VHSS) <i>Objectives:</i> Equip teachers and staff with basic lifesaving first aid measures. <i>Time:</i> 8:30am to 12: 30pm <i>Participants:</i> 21 teachers and 4 non-teaching staff. <i>Topics:</i> Aims, purposes and principals of first aid, dressing and bandaging, Transportation techniques, bleeding, strain and sprain, Basic CPR, choking, drowning and bites. <i>Technique:</i> PPT presentation, demonstration, hands-on practice and followed by return demonstration.
16.	17/5/23	2 nd yr B.Sc. (N): 15 students	World No tobacco Day in collaboration with "Break free clinic of CIHSR and SNA Unit, CON, CIHSR"	<i>Theme:</i> "We need food, not tobacco" On 17 th May 2023: 2 nd yr B.Sc. N Students organized awareness program in the form of a role play on the theme and distributed 2 types of pamphlet on ill effects of tobacco and smoking. Venue: registration block, radiotherapy block.
17.	31/5/2022	2 nd semester and 2 nd yr B.Sc. (N) students along with other Nursing students 300 participants	World No tobacco Day in collaboration with "Break free clinic of CIHSR and SNA Unit, CON, CIHSR"	31st May 2023: Awareness program in CON. Exposition on the theme by the quest speaker Dr. Reyosalu Vizo (Dist. Nodal Officer, NTCP, Nagaland), followed by Declaration of CON, CIHSR as "Tobacco free college" and handing over the certificate to the principal. Pledge on refraining on use and promotion of any tobacco substance was taken by all the participants. 2 nd yr B.Sc. N Students performed a role play on the theme and distributed



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				2 types of pamphlet on ill effects of tob19.acco and smoking.
18.	5/6/2023	2 nd semester (50) and 2 nd yr (40) B.Sc. (N) students along with other Nursing students and Nurse 181 Nursing students and 76 Nurses. And staff of estate department, CIHSR	World environmental Day In collaboration with TNAI unit of CIHSR and Estate department, CIHSR	Theme “Beat Plastic pollution” Activity: Tree plantation and campus cleaning drive. The participants were divided in to smaller groups and assigned different areas of the hospital campus to clean, pick up plastics and plant trees.
19.	14/6/2022	Nursing students and faculty Students: 16 volunteers & 9 Donor Faculty : 1 donor	“World Blood Donor Day” In collaboration with Blood Center of CIHSR	Theme: Give blood, give plasma, share life, share often” 16 students and 1 faculty volunteered to donate blood. After screening 9 students and 1 faculty were selected for donation of blood. The Donors were awarded certificate, donor badge, pen, key chain and refreshment.
20.	31/7/23	2 nd semester B.Sc. N: 50	Friendship day (30/7/23)	The students participated in making “friendship cards “ and gifting it to their friends.
21.	5/9/2023	1st yr and 2nd yr B.Sc (N): 90 students along with other nursing students	Teachers day Celebration	Organized a special program for the teachers.



Survey, Resource Mapping, Group Discussion & Health camp in the community during COP



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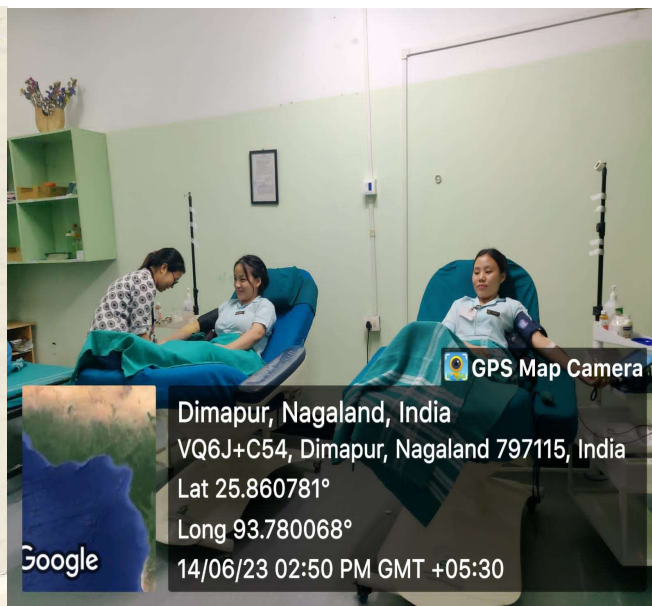
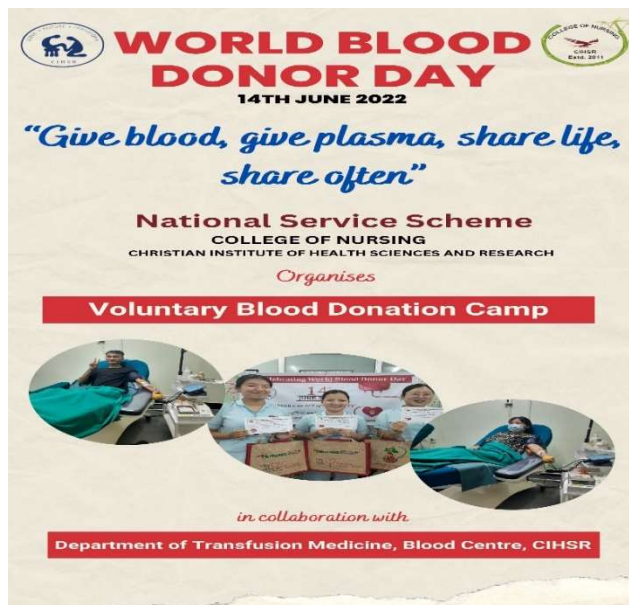
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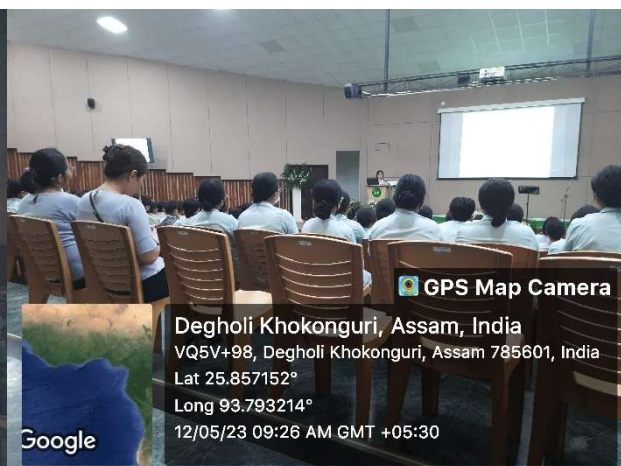
Voluntary Blood donation on World Blood Donor Day



Campus cleaning and gardening



Students and faculty attending International Nurses Day Program



Students and faculty attending International Nurses Day Program



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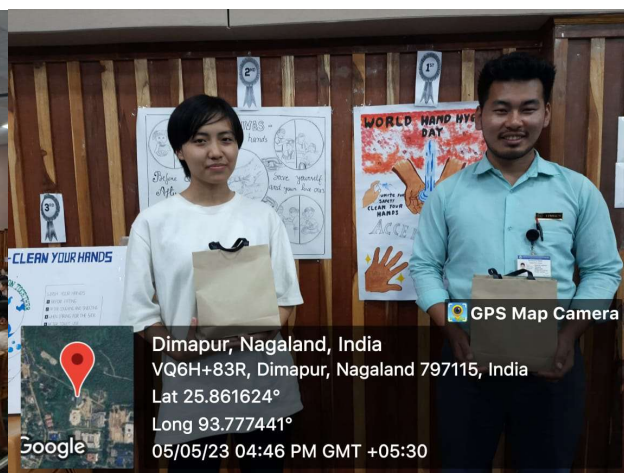


**International women's day:
Bulletin Board & Poster competition**

**Poster competition: Head
and Neck cancer**



**Students and faculty attending awareness
program on hand hygiene week**



**Hand hygiene week:
Winners of poster competition**



**World Health Day:
Poster prepared by the students on
the theme displayed in Medicine
OPD to create awareness.**



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NSS, College of Nursing, CIHSR, Dimapur
in collaboration with
Vision Higher Secondary School, Dimapur
organise training on

" Basic First Aid and CPR "

Time & Date
17 May 2023
08:30 - 12:30 (4hrs.)

Venue: Vision Hr. Sec. School



Training conducted on Basic First Aid and CPR for teachers and Non-teaching faculty



World No Tobacco Day: Role play in Radiotherapy OPD & Students and faculty attending the awareness programme conducted by NSS in collaboration with SNA and Break Free clinic of CIHSR.



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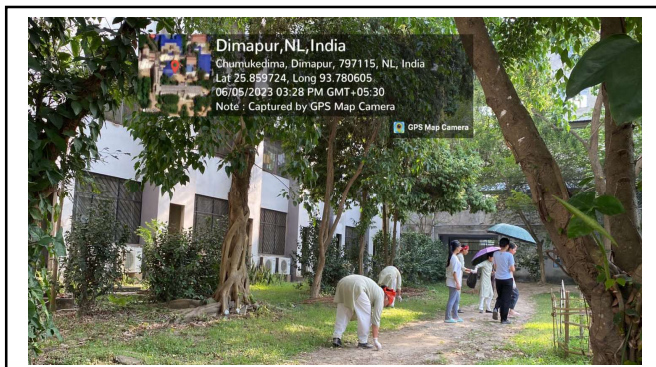


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Note - Captured by GPS Map Camera



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Session on PERSONALITY DEVELOPMENT: Taken by Ms. Orentsani Kithan, Clinical Psychologist, CIHSR for 1st semester B.Sc. Nursing students.

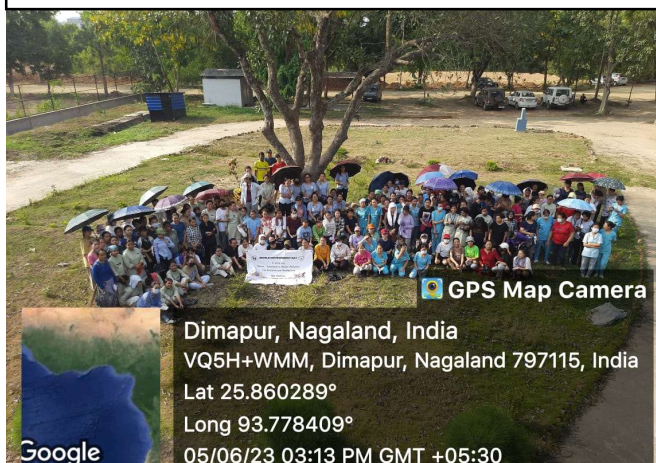


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GPS Map Camera

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World Environmental Day: Tree plantation and campus cleaning drive organized by NSS in collaboration with SNA and TNAI unit of CIHSR.



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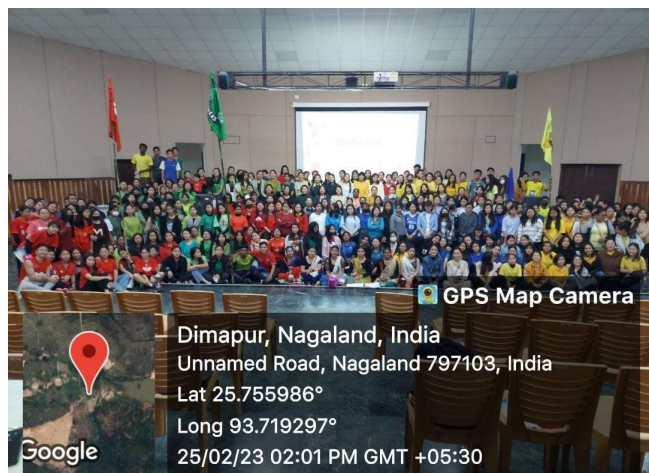
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Students participating in various literary and sport events during CONFEST, 2022.

Reported by:

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