ristian Institute of Health Sciences & Research

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College of Nursing



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CONFest 2023 Theme: "We strive for victory"

2023 held many occasions and celebrations and one important event for College of Nursing, CIHSR was CONFest 2023, which started from 23rd to 25th February, 2023 at CIHSR premises. A total of 276 students and 35 teaching faculty participated in the events, where all were divided in 4 groups namely Red house, Blue house, Green house and Yellow house.

The inauguration ceremony was held on 23/02/2023 at 8:30am at the Volleyball court lead by Ms Rongsenlemla Lemtur. Invocation was done by Mrs. L Emi Humtsoe, Bible reading by Ms. Emeni and the crowd was addressed and flag hoisted by Dr. Sedevi Angami, Director of CIHSR. The program ended by Oath taking and prayer by Dr. Christy Simpson, Principal CON, CIHSR. The CONFest was kick started by the first event- Volleball (mixed) and then followed by out door events in the football ground.

All the track and field events were played at the football ground and literary events at the Lionel Gnanaraj Hall, CIHSR. All events were arranged and prepared by teaching faculty and student in-charges.

List of Events		
OUTDOOR	INDOOR	LITERARY
Volleyball	Chess	Spot painting
Basketball	carom	Poetry writing
Badminton	Arm Wrestling	dance competition
Javelin throw	Table Tennis	Solo competition
Discuss throw	Chinese Checkers	Go as you like
Obstacle race		Quiz
Tug of war		Debate
100 metre race		Food Art
Relay race		
Marathon race		
High Jump and Long jump		

List of events conducted in the CONFest 2023:

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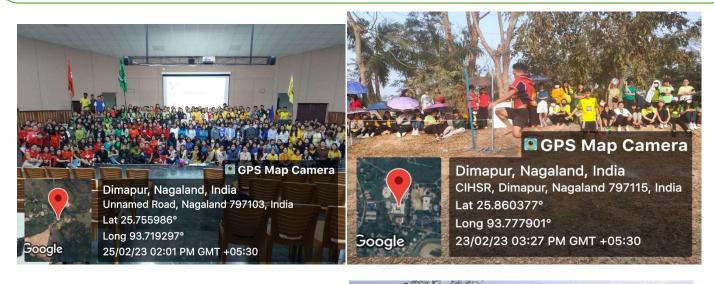
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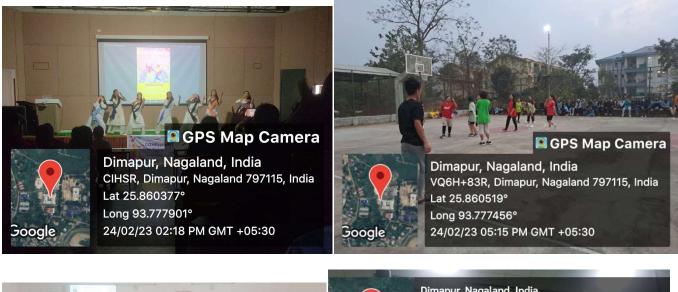
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After all the events were over, the CONFest came to an end with a valedictory program. This program was chaired by Ms. Alibo T Kiho and opening prayer was done by Ms. Merentola P LKR, followed by winner of solo competition and winner of dance competition. Prizes to the winners were distributed and the winning team to Red house was declared by Dr. Christy Simpson, Principal CON, CIHSR. A brief report of the events wasr given by Mr. Tovito, CONFest Convenor. The best sportsman was given to Mr. Kiktoshi of Yellow house and best sportswman was given to Ms. Neisekhonuo of Yellow house. Words of gratitude was delivered by Mrs. Neiketounuo Medom, CONFest Coordinator and ended by closing prayer by Mrs. Y Zuchanbeni Humtsoe.

A sum of Rs 250 was contributed by each student and total of Rs. 69000/- was collected. The collected money was used for all the team refreshments, all miscellaneous expenditure such as flags, first aid, gifts and refreshments for the judges, and prizes for the first and second place winners of each event.

Recommendation:

- 1. Involve the boys more in literary events and identify only few outdoor events for boys as they get exhausted.
- 2. All the teachers to be present and encourage their teams and support them.
- 3. One or two designated BSc tutor for CONFest along with the Coordinator.

Recorded by:

Mrs. Neiketounuo Medom CONFest Coordinator 2023

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