



### STUDENT CENTRIC LEARNING

#### 1. Panel discussion/ Symposium



#### 2. AV Aids Exhibition





# Christian Institute of Health Sciences & Research

4<sup>th</sup> Mile, Dimapur, P.B. No. 31, P.O. ARTC, Nagaland – 797115. Ph: 03862-242555 www.cihsr.in

## College of Nursing: NAAC Accredited



Email ID: [con.cihsr@gmail.com](mailto:con.cihsr@gmail.com)

Phone No: 03862242555

### 3. Online learning system



### 4. Seminar





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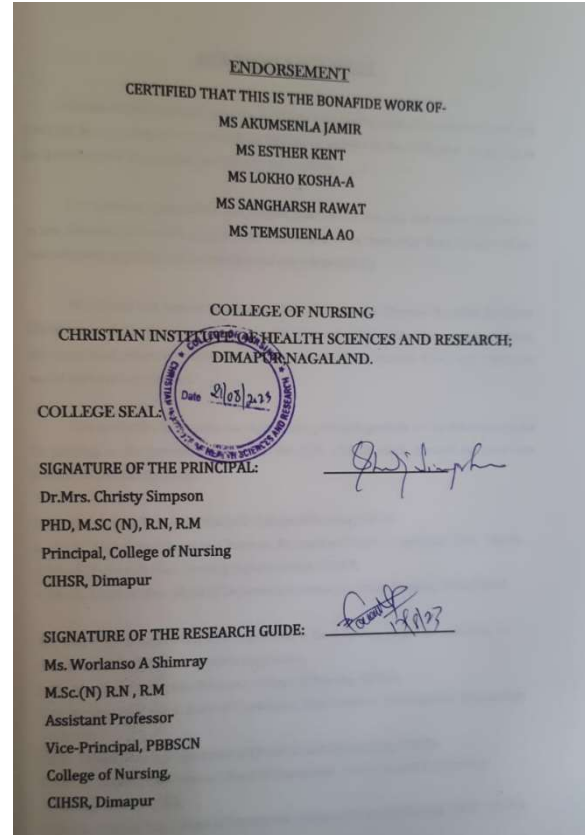
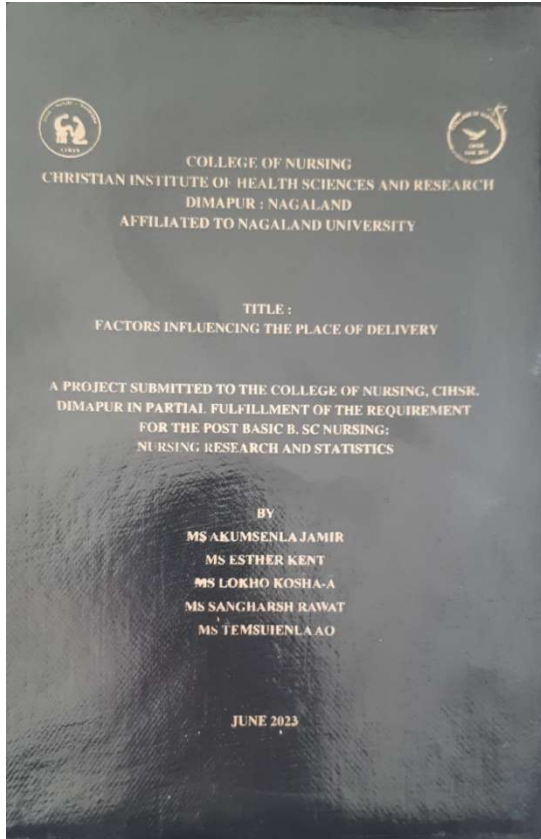
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### 5. Project



### 6. Conducting Workshop

**REGISTRATION DETAILS**

- An amount of Rs 100/- will be charged as registration fee on the day of Workshop.
- The fees will be paid through Opay only.



UPI ID: [lentyzskum30@okxib](mailto:lentyzskum30@okxib)

Address of the Institute:  
College of Nursing, CIHSR  
4th Mile, Dimapur-A  
Dimapur 787115

For any inquiry  
Ms. Temsuienla Ao

☎ 8794624513

✉ [pbbeckittyparty2021@gmail.com](mailto:pbbeckittyparty2021@gmail.com)

**Workshop on BASIC LIFE SUPPORT**

*"Be prepared to save LIFE with BLS"*

Organized by:  
Post Basic BScN 2nd Year  
2023

Date: 11th of August  
Venue: Midwifery Skill Laboratory,  
College of Nursing, CIHSR

**Workshop on 11-08-23**

TIME	TOPIC	RESOURCE PERSON	Time	Return-Demo Coordination	Participants
8am-8:30am	Registration	Ms. Temsuienla Ao	9am-2pm	Return-Demo Coordination	Participants
8:30am-8:45am	Inaugural programme	Ms. Esther Kent	2pm-2:30pm	Post-test	Ms. Lokho Kosha-A
8:45am-9am	Pre-test	Ms. Lokho Kosha-A	2:30pm-3:30pm	Validation/Practical	Ms. Akumsenla Jamir
9am-10am	Session-1 Basic Life Support	Dr. Teemngli A Sangmit			
10am-10:20am	Tea Break				
10:20am-11:30am	Session-2 Basic Life Support	Dr. Teemngli A Sangmit			
11:30am-12:30pm	Return-Demo	Facilitators			
12:30pm-1pm	Lunch Break				

**Introduction:**  
Cardiac diseases occupying the leading causes of death world wide. The American Heart Association emphasizes the need to gain competency regarding CPR procedure in health team members in order to reduce the rate of cardiac arrests. 1 out of 2 babies dies could be saved each year if CPR done performed early enough. Basic life training helps in the recognition of life-threatening emergencies, correct order of steps in hospital chain of survival, and the appropriate life-saving measures. Providing a proper diagnosis allows the rescuer to take the appropriate action within the shortest time possible.

**Objectives:**  
At the end of this work shop, the participants will be able to:  
1. Recognize and initiate early management of pre-arrest conditions.  
2. Learn the saving technique and can help prepare for a career in the medical field.  
3. Demonstrate proficiency in providing basic life support.

**Participants:** BScN 4th Year Students  
**Pre-test and Post-test is mandatory for all the participants.**




**GPS Map Camera**

Dimapur, Nagaland, India  
VQ6G+5MV, Dimapur, Nagaland 797115, India  
Lat 25.861118°  
Long 93.776051°  
11/08/23 11:48 AM GMT +05:30





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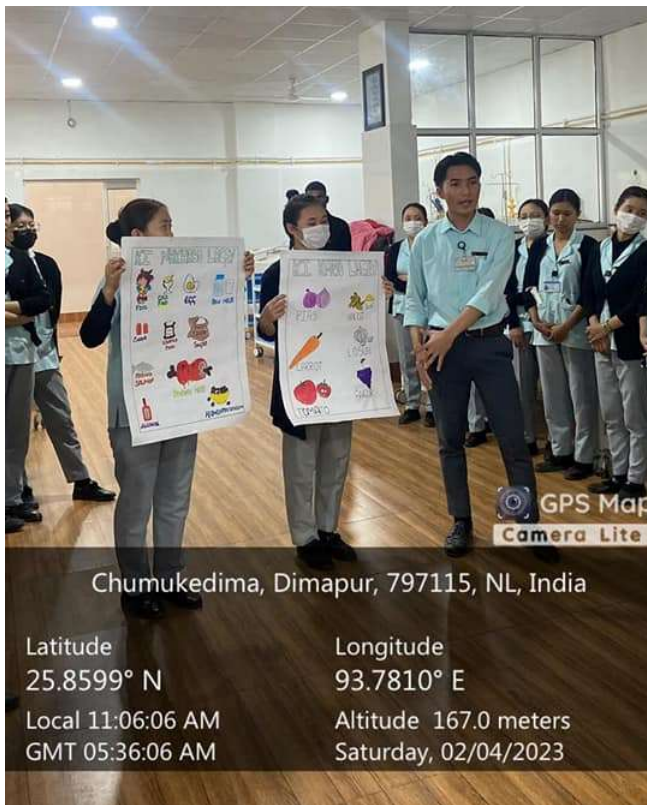
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### 7. Out postings



### 8. Awareness program and health education



Under a tripartite agreement between  
Government of Nagaland - Christian Medical College, Vellore - Emmanuel Hospital Association, New-Delhi



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### 9. Attending and participating in seminars and workshop



## Christian Institute of Health Sciences and Research

Continuing Nursing Education  
One Day State level Seminar

**Organized by:**  
Nursing Service &  
Department of Emergency Medicine

**RESOURCE SPEAKERS**

**Topic**  
**CODE BLUE**  
ABC to CPR



**Dr. Tsarangpi A Sangtam**  
Masters in Emergency medicine (MEM), CMC Vellore  
Trained in:  
Basic Life Support (BLS)  
Advanced Life Support (ACLS)  
Emergency Management Trauma Care (EMTC)



**Ms. S Roseline**  
Nursing Incharge, ED  
Certified Diploma in Emergency Nursing, CMC Vellore



**Ms. Imrongnungla Jamir**  
Senior Staff Nurse, ED



**Ms. Chubamenla Walling**  
Staff Nurse, ED

24<sup>th</sup> May 2023  
8:00 am to 6:00 pm

10 CNE Credit Hours by NNC

**HURRY!**  
150 SEATS ONLY

Registration fee :1000/-  
(Non refundable)  
Scan and pay



**LG Hall, CIHSR**

Registration link  
<https://forms.gle/3yMHnoG2AZF7mUs8>



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### 10. Secondary Posting



**Dr. Mrs. Christy Simpson**

Principal