



# COLLEGE OF NURSING



**CHRISTIAN INSTITUTE OF HEALTH SCIENCES & RESEARCH**

*"A God Defined End - Phil 1:6"*



# ALUMNI

NEWS LETTER  
(First Edition)

January 2023 - December 2023



# Table of Contents

**01** President's Message

**02-10** Secretary's Report

**11** Reminiscences of College of Nursing,  
CIHSR

**12** Alumni Achievers

**13-16** College of Nursing News

**17-20** Nursing Superintendent's  
Report

**21-22** Snippets

**23** Contact Us

# PRESIDENT 'S MESSAGE



Dear Alumni,

I am delighted to extend warm greetings to each of you as we embark on this exciting journey together. It is my honour to serve as your President, and I am thrilled to introduce the first newsletter of our esteemed Alumni Association.

Our Alumni Association serves as a platform for us to reconnect, reminisce, and contribute to the continued success of our Alma Mater “Serve, Nurture, Transform”. Through our annual reunion, networking events, and other initiatives, we aim to foster a vibrant community that supports the personal and professional growth of each member. I encourage each of you to get involved, share your ideas, and help us shape the future of our association.

Together, we can harness the collective power of our alumni network to make a positive impact on our Alma Mater and the broader community. I look forward to working alongside each of you as we embark on this journey of growth, collaboration, and celebration.

Warm regards,

A handwritten signature in blue ink, which appears to read "Christy Simpson".

Dr.Christy Simpson  
President , Alumni Association  
College of Nursing,CIHSR, Chumoukedima

# Secretary's Report

-Ms. Merentola P Longkumer



Dear Alumni

Greeting and good news to all our Alumni from the College of Nursing, CIHSR. The Almighty has guided us wonderfully throughout the past year and we acknowledge it with gratitude . We appreciate your continual well wishes, encouragement, and contributions to the College of Nursing, CIHSR.

The Alumni Association (AA) of the College of Nursing at CIHSR established in the year 2017, aims to foster enduring connections with graduates, support Alumni through scholarship for higher studies and facilitate networking among the alumni. At present, we have 495 life members.

A decade after its establishment, the AA is pleased to note that our alumni are already venturing outside the country for employment opportunities. We look forward to their active involvement and contributions to strengthen the association.

# Office Bearers over the years....

2017-2019



Dr. Christy Simpson  
President



Ms. Cecilia Katasi  
Vice-President



Ms. Worlanso A Shimray  
General Secretary



Ms. Inaholi Asumi  
Treasurer



Ms. Teisovinuo Suoho  
Asst. Treasurer

2019 -2020



Dr. Christy Simpson  
President



Ms. Cecilia Katasi  
Vice-President



Ms. Worlanso A Shimray  
General Secretary



Ms. Merentila P Longkumer  
Asst. General Secretary



Ms. Inaholi Asumi  
Treasurer



Ms. L. Lidziisa Mao  
Asst. Treasurer

2020-2022



**From left to right:**

Ms. Merentola P Longkumer (Joint Secretary), Ms. Nongozonuo Khape (Treasurer), Ms. Arhoni Tungoe (Asst. Treasurer), Dr. Christy Simpson (President), Ms. A. Purnungla Aier (Nursing Superintendent), Ms. Cecilia Katasi (Vice- President) & Ms. Worlanso A Shimray Secretary)



2022 -Incumbent

**From left to right:**

Ms. Neiketounuo Medom (Joint Secretary), Ms. Merentola P Longkumer (Secretary), Ms. Arhoni Tungoe (Treasurer), Ms. Philanim A. Shimray (Asst. Treasurer), Dr. Christy Simpson (President), Ms. Bendangtemsula (Alumni Representative), Ms. A. Purnungla Aier (Advisor) & Ms. L. Emi Humtsoe (Vice-President)

# Activities

## 1) Alumni Meet:

Through the Alumni Meet held in hybrid mode we aim to bring the alumni back to the campus and foster a sense of nostalgia and community.

### Alumni meet over the years....



**March, 2019**

**Dec., 2020**



**Dec., 2021**



**April, 2023**



## 2) Alumni Recognition (Honouring certain Batch of Alumni):

The AA has initiated the practice of honouring certain batches of Alumni during the Annual Alumni Meet with the aim of recognizing and celebrating the accomplishments of the Alumni.

In the year 2023, GNM Jan & Aug 2012 batches and PBBSCN 2011 & 2012 batches were honoured



**Faculty with the honouring batch during the Annual Meet, 2023**

**PBBSCN 2012 Batch**



**PBBSCN 2011 Batch**



**GNM 2012 Jan. Batch**



**GNM 2012 Aug. Batch**



### 3) Networking events:

The AA has also started a new endeavour i.e., “**Alumni Voice**” with the aim to inspire and encourage the alumni and final year students towards higher career growth and opportunities through interactive sessions with Alumni who are well placed in the professional strata. The current students and recent graduates are invited to attend the program so that they can receive insights and support in their academic and professional endeavours.

**ALUMNI ASSOCIATION,  
COLLEGE OF NURSING, CIHSR**

**ALUMNI VOICE**

HOST:  
Mrs. L. Emi  
Humtsoe

Date: 21st June, 2023  
Day: Wednesday  
Time: 3:00-4:00 PM  
Venue: LG Hall

An evening of insightful  
interaction with:

Top 3 & Top 4 in MSC  
(N) entrance exam  
(NIMHANS)

Ms. Lendina Lonakumer Ms. Anaouziia Lily Piku

**1st Alumni Voice held on  
June, 2023**



### 3) Fund raising:

The AA encourages the outgoing students and the Alumni to contribute funds towards the Alumni Scholarship fund. Plans are being made to organize fund raising events with and by the Alumni.



ALUMNI ASSOCIATION,  
CON, CIHSR



**FREE WILL DONATION TOWARDS  
ALUMNI SCHOLARSHIP !!**

Objectives: To support the Alumni for higher studies in Nursing.

**NO AMOUNT IS TOO SMALL TO GIVE.**

**GIVE A LITTLE, HELP A LOT**

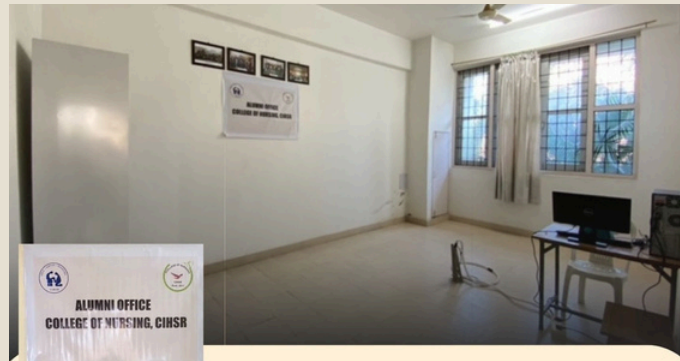
If willing, kindly transfer the money to:

Account no. : 38425433102  
IFSC NO. : SBIN0015289  
Account holder : Alumni Membership Association

Email the transaction No. /receipt to:  
alumniassociationconcihsr@gmail.com



**THANK YOU FOR YOU CONTRIBUTION!**



### DONATION FOR ALUMNI DESIGNATED OFFICE FURNISHING

We are reaching out to you for support through donations for alumni office furnishing. Every contribution you make will create a significant impact.

Account details:

Account no. : 38425433102  
IFSC No. : SBIN0015289  
Account holder : Alumni Membership Association



Email the full transaction receipt to:  
alumniassociationconcihsr@gmail.com

## ALUMNI DONATIONS OVER THE YEARS.....

SL. NO	NAME OF THE ALUMNI/BATCH	AMOUNT
1	PBBSCN batch of 2020-2022	Rs. 3400/-
2	BSCN batch of 2018-2022	Rs. 6000/-
3	GNM batch of 2019-2022	Rs. 2500/-
4	Mr. Rosounii	Rs. 300/-
5	Ms. Muanching Thungnung	Rs. 300/-
6	Ms. Lendina Longkumer	Rs. 1000/-
7	Mr. Gabriel	Rs. 100/-
8	Ms. Sentimenla	Rs. 300/-
9	Ms. Katia	Rs. 500
10	Ms. Melin	Rs. 500/-
11	Ms. Bendangtemsula	Rs. 500/-
12	BSCN batch of 2019-2023 & PBBSCN 2021 -2023 batch	Rs. 4500
13	GNM batch of 2020-2023	Rs. 2900/-

**WE EXPRESS OUR GRATITUDE TO ALL OUR ALUMNI FOR YOUR CONTRIBUTIONS. MAY GOD BLESS YOU ALL !!!**



## Alumni Office

Alumni office has been designated in the 1st floor of College of Nursing.

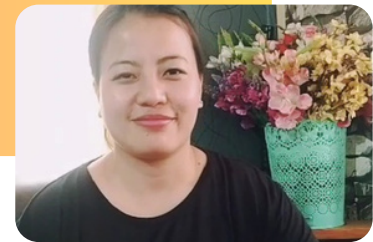
## Registration under Society Act

Our Alumni Association is under the process of Registering under Society Act.

# REMINISCENCES OF COLLEGE OF NURSING, CIHSR

"Today, I am a proud Alumni of CIHSR, College of Nursing. I am forever grateful to my mentors & teachers for making me what I am today."

**- Ms. Lohrii Kayia**  
**PBBSCN 2012- 2014 Batch**



"I chose CIHSR because of its outstanding reputation in Nursing education. Studying at College of Nursing, CIHSR has prepared me for professional work by providing exceptional training and exposure. Some highlights include hands-on clinical experience and a supportive faculty."

**- Mr. Comely Gassah**  
**BSCN 2014 - 2018 Batch**



"CON helped me to grow my skills and in-depth knowledge. The course curriculum is very structured which help us to grow academically and clinically. I am moulded by my teachers in CON, CIHSR and I am a proud student of CIHSR."

**-Ms. Pramila Gahatraj**  
**PBBSCN 2012-2014 Batch**



# ALUMNI ACHIEVERS

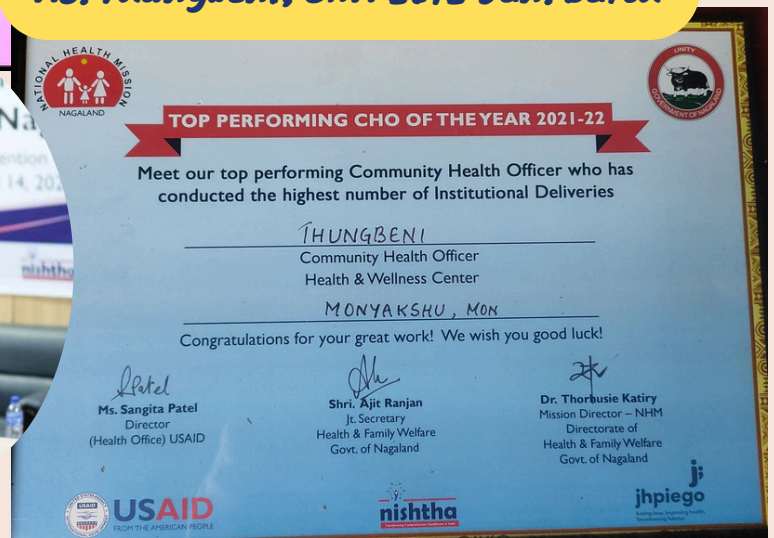


Ms. K. Nehea, GNM Batch of 2013, received "Mrs. Nabi Surin Urang Memorial Award 2019."

Mr. Seto Pucho, PBBSCN 2013 Batch, received "Best CHO award of the year 2020-2021 for conducting the highest number of institutional deliveries at the SC-HWC level."



**Ms. Thungbeni, GNM 2012 Jan. Batch**





# COLLEGE OF NURSING NEWS

## **Administrators:**

Principal	:	Dr. Christy Simpson
Vice Principals	:	
GNM	:	Mrs. Khumjanbeni Murry
B.Sc. N	:	Mrs. Bendangmenla Ao
P.B.BSc.N	:	Mrs. Worlanso Awungshi Shimray

## **Faculty information:**

There are 6 professors, 6 Associate professors, 6 Assistant Professors, 5 M.Sc. N Tutors and 18 B.Sc. N Tutors.

3 of our faculty have enrolled for the part time PhD programmes under the Martin Luther University, Shillong.

# GRADUATION CEREMONY

The fourth Graduation Ceremony of Nursing and Allied Sciences and DNB Graduates was held on 21st April, 2023.

Hon'ble Mr. Justice Songkhupchung Serto was the chief guest for the ceremony.

A total of 151 degrees were awarded.



# LAMP LIGHTING CEREMONY

The 13th Lamp Lighting ceremony was conducted on 17th Nov. 2023. Capt. Minimol Louis, Principal, Army Institute of Nursing, Guwahati was the Chief Guest

A total of 80 students dedicated their lives to the noble profession of "Nursing" (10th Batch of B.Sc N. & 13th batch of GNM)





## Teachers Day



## Freshers Day



Mr. & Miss Fresher, 2023

## Farewell



# Secondary Hospital Experience

A Secondary hospital experience was arranged for the first time for 39 Third year B.Sc. Nursing students from July 10 to 15, 2024. They visited Roberts Gordon Memorial Hospital, Shillong, Meghalaya, Satribari Christian Hospital, Guwahati, Christian Mission Hospital, Jorhat & Tura Christian Hospital, Tura, Meghalaya.



# SNAPSHOTS OF STUDENTS ACTIVITIES



Intercollege competition, 2023 organised by St. Joseph University



World Heritage Day



Participating and winning the Overall Champions Award during the 3rd SNA State level competition, 2023



CON students along with other nursing students from Nagaland participating in the SNAI 30th Biennial Conference, Delhi held on November, 2023.

Ms. Toshisenla, GNM 2021 Batch, received the 2nd Prize in extempore speech



Ms. Takatula, GNM 2021 Batch, won the 1st prize for painting Competition on Swachhta Pakhwada 2023 organised by Dept. of Psychiatric Nursing, LGBRIMH

# Nursing Superintendent's Report



Dear friends,

It brings me immense pleasure to present a brief Nursing Superintendent's Report. As we reflect on our achievements, challenges, and aspirations, I am filled with gratitude for the unwavering dedication and commitment of our nursing staff. Over the past years, our nursing department has strived to uphold the highest standards of patient care, driven by a steadfast commitment to excellence and compassion. Despite the unprecedented challenges, our nurses have demonstrated remarkable resilience, adaptability, and professionalism in the face of all the challenging circumstances.

Our focus on continuous improvement and innovation has enabled us to enhance the quality and safety of care delivery across all departments. Through ongoing education and training initiatives, we are equipping our nursing staff with the knowledge and skills necessary to meet the evolving needs of our patients and community. In addition to providing exceptional clinical care, our nursing team has been actively engaged in quality improvement and community outreach efforts as a part of the Departmental goals.

Though staff turnover has been a huge challenge, we are constantly training and re-training all our nursing staff, which has enabled us to cultivate a supportive and inclusive work environment where all individuals can thrive and succeed. Looking ahead, we remain dedicated to building upon our successes and addressing the challenges that lie ahead. With a renewed focus on innovation, education, and patient-centered care, we are poised to continue our journey of excellence and to make a meaningful difference in the lives of those we serve.

In conclusion, I extend my sincere gratitude to our alumni for their continual support and commitment to our nursing department. Your contributions have played an integral role in shaping the success of our program, and we are deeply grateful for your committed service. At present, **we have 76 College of Nursing Alumni working as Registered nurses and 26 working as Nursing apprentice.**

### **Present staff:**

Ms.A. Purnungla Aier, Nursing Superintendent

Ms. Y Zuchanbeni Humtsoe, Deputy Nursing Superintendent

Ms. Mathiuthailiu Kamei, Deputy Nursing Superintendent

<b>Cadre</b>	<b>No. of staff</b>
<i>M.Sc Nursing</i>	<i>07</i>
<i>B.Sc Nursing</i>	<i>57</i>
<i>GNM</i>	<i>113</i>
<i>ANM</i>	<i>12</i>
<i>Office Assistant</i>	<i>1</i>

# DEPARTMENT ACTIVITIES

## 1) Staff Development Programs:

- Two State Level Seminar with Nagaland Nursing Council Credit hours
- Four District Level Continuing Nursing Education Program with Nagaland Nursing Council Credit hours
- Regular In-service education classes for Nurses and hospital Assistants
- Eight staff participated in the 77th TNAI National conference in Guwahati.
- Classes for Hospital Assistants are conducted regularly by nurses
- Goal setting of each staff (Nurses and hospital Assistants)
- Induction orientation Program for Nurses
- Competency mapping
- Privileging
- Team building activities
- Decentralized responsibilities

## 2) Spiritual activities:

- Ward prayer
- Monthly Evangelical Nurses' Fellowship
- Saline Witness Program
- Staff Retreat

3) Nurses Week celebration.

4) Key Point Indicators: Monthly KPI record is maintained and deliberated.

5) Incident Report and Review: Incidents are reported, recorded and reviewed.

6) Monthly Social work in all wards.

# WAY FORWARD

## 1) NABH:

- All nurses undergo the mandatory continuous competency Training classes
- Refresher classes as a part of reorientation to NABH policies and protocols

## 2) Nursing Excellence:

- All nurses are working towards Accreditation for Nursing Excellence. As an initial step towards nursing excellence, two subgroups have been formed and are working on it.
  - a) Subgroup Chapters and Objective elements – 7 Groups are assigned chapters with the task of comprehending the work towards nursing excellence.
  - b) Subgroup for Internal Nursing Audit: 12 audit groups are formed, who will be involved in internal nursing audit.

With warm regards,

Prof. A. Purnungla Aier  
Nursing Superintendent  
CIHSR, Chumoukedima, Nagaland



# SNIPPETS

" CON. CIHSR- The ever flowing abode of knowledge: sculpting pupils to deliver their best"

- Ms. Videkhono Rhetso  
PBBSCN 2019 Batch

"My alma mater, CIHSR, is a place that I called home for 4 and a half important years of my life, the years where I Transitioned into adulthood, the place that disciplined, nurtured me and where I made memories and because of which I will forever be grateful for"

-Ms. Imlijungla  
BSCN 2014 Batch

" The four years I spent in your esteemed institution have been among the most fundamental years of my life, and I am most grateful for this gift"

-Ms. Alibo T Kiho  
BSCN 2017 Batch

" I love my  
Alma Mater."

-Ms. Lianlalven  
BSCN 2016 Batch

"Alma mater....  
Therefore, I stand besides  
College of Nursing, my first  
home in nursing profession,  
acknowledging and appreciating,  
my forever alma mater."

-Ms. Rovizeno  
BSCN 2029 Batch

"My Alma Mater: The institution where I received my education instilled in me a deep appreciation for the preciousness of life, good health, time, and meaningful frinedships. It is a place I hold dear to my heart and consider my home, where my faith journey was enriched and strengthened."

-Ms. Rongsenlemla,  
BSCN 2015 Batch



# SNIPPETS

"Dear Alma Mater, you light our way, guiding us day by day."

-Ms. Wangshizungla  
BSCN 2017 Batch

"I owe and adore you. Your name will forever be toast high."

Ms. Esther Kent  
PBBSCN 2021 Batch

"Like the branches of tree, our life grow in different directions, yet our root remian as one."

-Ms. Yitheni Mary  
GNM 2012 Jan. Batch

"College of Nursing, CIHSR has always been nourishing with better opportunities for the growth and welfare of our society."

-Ms. Emeni  
BSCN 2016 Batch

# Contact Us



**alumniassociationconcihsr@gmail.com**

**03862-242555/+918794026757**



**Click here**

or

Go to: <https://concihsr.in/alumni-page/>

The Lord bless you, and keep you. The Lord make His face shine on you, and be gracious to you, The Lord lift up His face toward you, and give you peace."

—Numbers 6:24–26