

**College of Nursing**Email ID: [con.cihsr@gmail.com](mailto:con.cihsr@gmail.com)

Phone No: 03862242555

**ANNUAL REPORT April 2023 – March 2024****Governance****Name of the Head of the Department****Principal:** Dr. Christy Simpson**Vice Principals:**

Mrs. Khumjanbeni Murry – GNM

Mrs. Bendangmenla Ao - B.Sc N

Mrs. Worlanso Awungshi Shimray – PBBSc N

**Staffing: College & Nursing Service**

M.Sc N : Professor : 6  
 Asso.Prof : 5  
 Asst.Professor : 7  
 M.Sc N Tutor: 3

	<b>Resigned</b>	<b>Joined</b>
	Ms. Nancy Rai Ms. Watitola (Study Leave) Ms. Hannah Sumi ( Study Leave) Ms. Angouzia Piku Ms. Lendina Longkumer	Mrs.Temjensola Jamir Ms. Wangshizungla Imsong Ms. Esther kent Ms. D.Henia Ms.Binhile Semi Ms. Videkhono Rhetso

S N o	BATCHES	PROGRAM	ANNUAL INTAKE	TOTAL APPLICATIONS	ENROLLED	TOTAL NUMBER OF STUDENTS
1	13 <sup>th</sup>	GNM	30	126	30	89
2	13 <sup>th</sup>	PBBSC N	20	28	20	33
3	10 <sup>th</sup>	B.Sc N	50	159	50	179
4	1 <sup>st</sup>	Diploma in Cardiac Nursing	6	2	2	2
		Diploma in Dialysis Nursing	6	1	1	1
<b>TOTAL</b>						304

**Academic Activities**

- Academic Year: B.Sc Nursing first year academic year started in the month of Sep 11th , 2023.According to INC, the course must be started in August.
- On line Learning Management NagaEd was launched for the first semester B.Sc N & GNM
- **Inspection:** Had INC inspection in the month of Dec 14th & 15th for GNM seat enhancement.Another 20 seats sanctioned.NU inspection was done in April 21<sup>st</sup> for validity renewal
- **Simulation Lab:** Construction is on Process in 3rd floor of CoN.
- **NAAC:** Annual Quality Assurance Report (AQAR) Submitted on Feb 2024



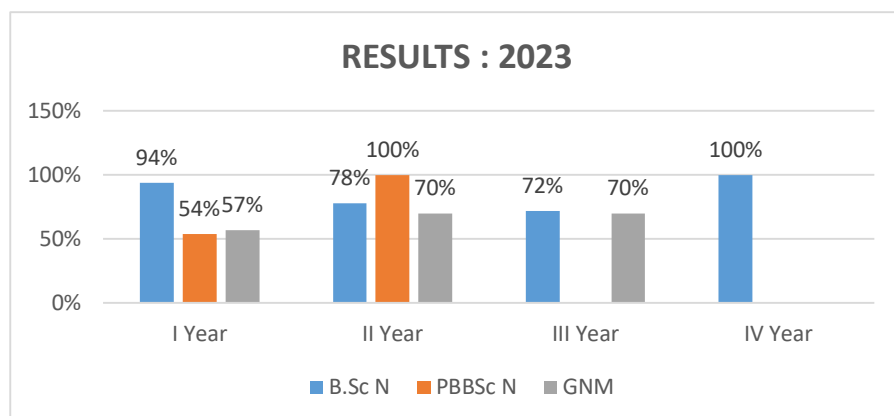
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- Online Student Management by NEXT Education Private Ltd was initiated in the month of Nov 2023, still on process.
- Biometrics installed in all the floor
- CCTV Camera installed in college & Hostel

**Examination:** All the students appeared



### Fourth Graduation

Graduation ceremony of Nursing and Allied sciences and DNB Graduates was held on 21st April 2023.

Hon'ble Mr. Justice Songkhupchung Serto was the chief guest for the ceremony  
A total of 151 degrees were awarded



### Inspection

#### Indian Nursing Council

Applied to Indian Nursing Council(INC) for enhancement of seats for GNM from 30 -50 and Inspection team came on 14<sup>th</sup> & 15<sup>th</sup> 2023 for enhancement and Periodical inspection for PBBSc N Course. GNM seats sanctioned by INC from 30 -50.Students will be admitted from academic year 2024 -2025

#### Nagaland University

NU Inspection team came on 21<sup>st</sup> Feb for renewal validity. Result awaited

### STUDENT NURTURE

**Secondary Hospital Experience :** It was introduced to the III yr B. Sc N students. Had the posting in the month of July 10th to 15th during their vacation.

#### Main Objectives:

- Expose the students to mission hospital to understand the need of nurses in those areas.
- Deliver nursing care in a supportive environment
- Observe the practice and serve as a role model
- Share the knowledge and skills with peers

#### Areas of Posting:

- Gordon Roberts Hospital, Shillong, Meghalaya
- Satribari Christian Hospital, Guwahati
- Christian Mission Hospital, Jorhat
- Tura Christian Hospital, Tura, Meghalaya



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Students appreciated the experience and the hospitality of the organization. They do felt that it was an additional learning experience in a secondary level hospital.

### Mentorship

Faculty continued the mentorship program. Remedial coaching is formalized for the betterment of the students learning.

### SNA Activities:

World Health day on 7th April 2023	Handing Over :30 <sup>th</sup> Aug
Swachhta Pakhwada 8 <sup>th</sup> April	Seniors Farewell - 31 <sup>st</sup> Aug
National Safe motherhood day on 11th April 2023	National Nutrition Week - 1st -7th September & Farewell
World heritage Day on 18h April 2023	Teachers Day : Sep 5 <sup>th</sup>
World Hand Hygiene Day & International midwives Day on 5th May 2023	Dengue Awareness Campaign 21 <sup>st</sup> &22 <sup>nd</sup> Sep
International Nurses day may 12 <sup>th</sup>	World Heart Day
World hypertension day on 17 May 2023	Swachhata Hi Seva campaign on 1st October, 2023
	Global hand Washing Day - October 15th
World No Tobacco day” 30 <sup>th</sup> May	Fresher’s Welcome:Oct 26 <sup>th</sup>
World environmental day 5th June	National cancer Awareness Day : 7th November
World Blood Donor Day 14 <sup>th</sup> June	World Immunization Day 11 <sup>th</sup> Nov
World hepatitis & ORS day 28 <sup>th</sup> & 29 <sup>th</sup> July	Wold AIDS Day 1 <sup>st</sup> Dec,2023
Participated in Intercollegiate sports competiton – St.Joseph’s University	Cancer Awareness Program :12 <sup>th</sup> Jan,2023
Independence day - August	Republic day January 26 <sup>th</sup>
World Breast Feeding Week - August 1st week	World Cancer Day :4 <sup>th</sup> Feb
SNA Grand Sale : 19 <sup>th</sup> August 2024g	National Deworming 15 <sup>th</sup> Feb
General Election 26 <sup>th</sup> Aug	International Women’s day 8 <sup>th</sup> March

### Students Club:

Following clubs were established to strengthen their co curricular activities. All students are included in the group according to their interest. One faculty is assigned for each group.

- Herbal Club
- Dance Club
- Singing Club
- Sports Club
- Reading Club
- Arts And Crafts

### Satellite Centre - Extension Activities:

Established to strengthen the academic activities .Each nursing department organized the activities and it is done to our students and also to other schools and colleges

- Medical - Surgical Nursing - Breast Self Examination
- Paediatric Nursing - Adolescent Health
- Obstetric & Gynaecology Nursing - Menstrual Hygiene
- Mental health Nursing - Stress management
- Community Health Nursing - Healthy Habits
- Sensitization Program on Anti Sexual Harrassment Policy



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### Lamp Lighting Ceremony

Conducted on 17th Nov 2023

10th Batch of B.Sc n & 13th batch of GNM , A total of 80 students will light the lamp & take the Oath

Chief Guest : Capt Minimol Louis ,Principal, Army Institute of College of Nursing,Guwahati

### Community Orientation Program

Conducted from 06/02/2023- 11/02/2023 at Shokhuvi Village, Chumoukedima, Nagaland. 80 Nursing Students & 17 AHS students Participated. It was a residential program and the villagers were very supportive of the program. It was organized by Community Health Nursing Department. Three M.sc N faculty,

6 B.Sc N Faculty and one AHS tutor helped to conduct the program.

### Work Camp

The final Year Students had their work Camp at “The Track UBC Adventure Campsite” THEME: "A Journey to Authenticity" -John 8:32

- Date: 24th to 27th Aug., 2023
- Venue: The Track: UBC Adventure Campsite, Kiruphema.
- Camp directors:

Mr. Aonuksung Imchen

Ms. Merentola P Longkumer, Assistant Professor, CoN, CIHSR, Ms. Roukoukhonuo, MSc (N) Tutor, CoN, CIHSR



### Workshop on BLS

Dr. TSarangpi Sangtam with PBBSC N Students conducted the workshop for 4th year B.Sc Students on BLS

39 students attended the workshop

### SNA CONFERENCE :2023

**State Conference: Date:** 21st – 23rd Aust 2023

- Venue: School of Nursing, IMDH, Impur
- Various competitions were held
- SNA, CIHSR bagged the State SNA meet Championship.

**National SNA Conference:** 17 students and 2 faculty attended it at New Delhi in November, 27th & 28th 2023.

- Scientific program & various competitions were held.
- Ms. Toshisenla (Third Year GNM student, College of Nursing, CIHSR, Nagaland) won second prize in Extempore Speech, a trophy was awarded.



### Competiton : International Medical Physist Day

Students are encouraged to participate in the Interdisciplinary programs. B.Sc N 4th Years participated in Poster Competiton on “Radiation Safety”

Conducted by RT dept of CIHSR on Nov 7th, 2023. All three prizes were won by Nursing Students Rs.2500/-, Rs.1500/- & Rs.1000/





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### Recruitment : 2023

- Bethany Hospital, Mumbai, Sep 7th & 8th, 2023
- Final Year B.Sc N candidates and GNM candidates attended the program
- 27 B.Sc N & 8 GNMs were opted to join the hospital

### Field Visit:

- IV year B.Sc N visited AIMS Hospital, RAK & Holy Family College of Nursing as part of their management program, July 24th -26, 2023
- II Yr B. Sc N had a visit as Field Trip as one of the methods of educational technology, July 2023 Army & Shankar MadhavCoN - two days
- I Yr PBBSc N – Miklaq – Deserted home for women, Dimapur –One day Visit
- II Yr PBBSc N – District Hospital, Dimapur & Eden Hospital, Dimapur. One day Visit
- III Yr B.Sc & I Yr PBBSc N – Wondaki Orphanage & Adoption centre

### Educational Tour:

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### Gender Sensitization Program for Students

- **International women's day:**

In collaboration with Exotic Echo Society, the CIHSR RT, Oncology & College of Nursing organized a Breast cancer Awareness program on March 8<sup>th</sup>, 2024 in Diezephe village. The topics covered were screening and prevention of cancer breast and Breast Self examination. The third year B.Sc N students did a Role play on Awareness of Breast cancer.

- **Anti-Ragging**

The GNM, B.Sc N & PBBSc Nursing students are admitted on September 11<sup>th</sup>. On the first day, the anti-ragging information was given to the students with their parents. After which the undertaking was signed by the students and the parents which are filed. They were also asked to register in the Anti Ragging Portal [www.antiragging.in](http://www.antiragging.in) registration, they have done it which is filed with the registration number.

- **Internal Complaints Committee (Anti Sexual Harassment)**

Mrs. Nukshijungla Ao presented the guidelines to the students regarding Sexual Harassment on 28<sup>th</sup> July, 2023. All the first year B.sc N students attended the program.

**World No Tobacco Day:** In collaboration with National Tobacco Control program (NTCP), Dimapur World Tobacco Day was celebrated on 31<sup>st</sup> May 2024. It was attended by all the students and College of Nursing was declared as "Tobacco free College" and certificate was awarded by NTCP.

**Placement of Graduates:** 100%

**National:** Most of the graduates joined in CIHSR, Dimapur, mission, Government and private hospitals of India



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### FACULTY DEVELOPMENT

#### Continuing Nursing Education

##### Training

- Regular CNE was conducted twice a month.
- Khumjanbeni & Merentola. Workshop on statistical Package for Social Sciences was conducted in the month of June by Dr. Rohan and the team.
- Merentola.
- Theyiesinuo: Patient Safety: Quality Tools and Techniques.Organized by CAHO, Aug 26-27<sup>th</sup>, 2023
- Laishram Vidyalakshmi.Documentation Practices:Guide to SOPs & manual Writing,Certified personnel for quality Implementation in HospitalsCertified personnel for Hospital Control, by CAHO,Aug 18<sup>th</sup>, 28<sup>th</sup> & 29<sup>th</sup> Oct ,18<sup>th</sup> Nov,2023 respectively by CAHO.

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#### Higher Studies

- **M.Sc N Nursing**
  - Ms.Watitola Longkumer - Mental Health Nursing
  - Ms.Hannah Sumi - Medical Surgical Nursing
- **MAOL Course** : (3 Yrs Program)
  - Mrs. Nukshijungla Ao
  - Mrs. Worlanso A Shimray
- **Postgraduate Diploma Course**
  - Mrs. Purnungla Aier : Hospital Administration
  - Mrs. Bendangmenla Ao : Christian Bioethics

#### Conference /Seminar / Workshop Attended:

##### Short Term Course:

IQAC (Internal Quality Assurance Cell ) Cluster India organized a short term course on NAAC Documentation - A Key Insights.There were four sessions in the month of February.Each session was for 1 1/2 hours.The faculty from College of Nursing, 14 of them attended it. After a month ,another workshop was attended by the principal and senior faculty by the same organization.

##### District Level Seminar:

Theme:stepping up Safety :Unveiling Nurses Role in Fall Prevention Journey. Thirteen,CoN faculty attended the Seminar.

Mrs.Emi Humtsoe".Quality Tools &Techniques" organized by Consortium of Accredited Health Care Organization on 23<sup>rd</sup> Aug 2023.

**Mrs. Worlanso A Shimray** attended a 5days Midwifery Simulation Training at New Delhi,organized and sponsored by Indian Nursing Council.

**Mrs. Y Zuchanbeni.**Health care management &Development program by CMAI,31st July to 11<sup>th</sup> Aug,2023

**Mrs. Bendangmenla Ao.**Research Course for Nurses- Level I& II held between March 4-8 2024, organized by College of Nursing, CMC Vellore



### International Conference

**Mrs. Worlanso A Shimray & Ms. Arhoni Tungoe** attended

a International Confederation of Midwives conference which was held in Bali, Indonesia in June 2023. Both of them presented a scientific paper on “**Utilization of Health Care Services among Antenatal Women**” and “**Knowledge and Practice regarding prevention of anemia among the antenatal mothers respectively.**”



### Conference & Seminar conducted by Faculty:

#### State Level Seminar/ Workshop organized & attended

- **Theme:** Code blue ABC to CPR, Organized by Emergency Nursing Department, Resource Person was Dr. Tsarangpi A Sangtam. 7 faculty from CoN attended the workshop.
- **Theme:** Safeguarding Patients Life: Vital Role of Nurses in Medication Safety, 4th oct, 2023. Resource persons were Mrs. Nukshijungla Ao, Ms. Lanunaro, Mrs. Worlanso A Shimray, Ms. Arhoni Tungoe, Ms. Theyiesinuo & Ms. Merentola. 130 participants attended the seminar.

#### DAKSH Skills Lab Training:

Organized a 5 day workshop 11<sup>th</sup> to 15<sup>th</sup> march 2024 in collaboration with the government of Nagaland, National health mission (NHM) on “**DAKSH SKILLS LAB TRAINING**” for the government staff nurses working in rural areas with an aim to strengthen the government nurses on improving the knowledge and skill to deliver high quality services in Essential maternal and newborn health care services. Two faculty from government and four faculty specialized in midwifery were the resource personnel. A total of 18 participants attended the workshop.

### Community Health Programs

#### Elderly Care

Organized the monthly Elderly Club in Tsithrongse Village, Dimapur. A total of 10 elderly people (2 male and 8 female) came for attending the special clinic conducted on 23<sup>rd</sup> May, 2023. The goal of the elderly club was to assess their health, update them about the state and country and help them to do range of motion exercises. exercise.

#### Mental Health

As part of the Institutional MeHeFa project, a weekly Mental Health awareness program was held on the 28/04/2023 at Zutovi Village of Dhansiripar Block conducted by Community Health Department. Through this existing project, several people are identified with mental problems and care



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is provided to those individuals and families. The awareness program is conducted by the CHD, CIHSR team and a faculty of College of Nursing (Mrs. Neiketounuo Medom), CIHSR for the SHGs, youths and on the topics Introduction of mental health and various types of mental problems and how to get help for those who are in need.

### Award:

Gold Star award given to Mrs. Worlanso a Shimray by CIHSR for exemplary work



### Net Working with other Institutions:

- **Mrs. Worlanso A Shimray & Mrs. Khumjanbeni** conducted a seminar on “ Professional Development for the Teachers in Shemrock School, Dimapur. March 25<sup>th</sup> 2023
- **Ms. Ruokuokhonuo Livi & Ms. Rongsenlemla** conducted a workshop on selected First Aids management for college students at Unity College, Dimapur. on 8<sup>th</sup> may 2023.
- **Ms. Ruokuokhonuo Livi & Ms. Philanim A Shimray** conducted a workshop on selected First Aids management for college students at Vision Higher Secondary School, Dimapur. 17<sup>th</sup> May 2023.
- **Mrs. Khumjanbeni Murry, Mrs. Worlanso shimray** conducted a seminar on” on “ Professional Development” in Shemrock CBSE School, Dimapur.
- **Mrs. Worlanso A Shimray & Mrs. Nukshijungla Ao** conducted OSCE at HGRoberts Gorden College of Nursing at Shillong, 68 faculty attended the workshop on 12<sup>th</sup> October, 2023
- **Mrs. L Lidziisa Mao, Associate Professor** participated in 2nd National webinar on Comprehensive approach to strengthening child Health & Social wellbeing, organized by Ankerite International Institute of Medical Sciences, Lucknow. 7<sup>th</sup> October, 2023
- **Ms. Theyiesienuo , Assistant Professor** was a resource person to conduct Management of Bio Medical Waste for the Nurses under Nagaland Nursing Council, 12<sup>th</sup> & 13<sup>th</sup> October , 2023.

### MoUs with other Institutions

1. Patkai College, Dimapur.
2. Red Ribbon Club
3. St. Joseph’s University, Dimapur.

### Research

- Seven Student Research studies have been presented in the IRB by the faculty and the studies are completed successfully.
- 2 PhD Research study has been presented in IRB.

### Publication:





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1. **Nukshijungla Ao et al** . Assessing the level of Resilience among selected Nursing Students. Journal of Nursing Science and Practice.Vol:13, Issue:1,2023. ISSN 2348
2. **Nukshijungla Ao**. “Pets and Health: It’s Holistic Impact lasting for a life time.” International Journal of Neurological Nursing. June 20<sup>th</sup> Vol:9Issue:1,2023, ISSN 2456 – 5229.
3. **Nukshijungla Ao**. Prevalence of depression among Alcoholics. Indian Journal of Psychiatric Nursing, Dec 2023,20: 137 -40
4. **Bendangmenla et al**. Level of stress among nurses and their adopted coping strategies. Journal of Integrative Nursing. Sep,2023.
5. **Christy Simpson**. Critical Thinking: A Need of the Hour For Nursing Students: Challenges to Nurse Educators. International Journal of Novel Research and Development. Volume 8 Issue 11, November-2023.ISSN 2456 – 4184.
6. **Laishram Vidyalakshmi**. “Emotional Intelligence of Nurses working in Neurology Department.” International Journal of Novel Research and Development. Volume 8 Issue 11, November-2023 ISSN 2456 – 4184.
7. **Luhem Kamei**. Common Complications among Patients with Chronic Kidney Disease on maintenance hemodialysis. International Journal of Novel Research and Development. Volume 8 Issue 10, October -2023.ISSN 2456 – 4184.
8. **Philanim A Shimray**: Quality of Patient on continuous ambulatory Peritoneal Dialysis Asian Journal of Nursing Education & Research. Volume 13 Issue 1 June 2023
9. **Worlanso A Shimray et al** “Utilization and determinants of Antenatal Care Services. Journal of Asian Midwives Volume 10 issue:2 December 2023

### Faculty Retreat

- September 09th, 2023
- Theme: Strength through Wisdom
- Venue: Generation countdown ministry, Dimapur
- Speaker: Fr. C.P Anto

### College Foundation Day

- 12th College Of Nursing Foundation Day was celebrated on 20th October,2023
- Theme: Planted by God
- Chief Guest: Dr.Fredrick Kellerman

### Alumni Meet

The 5th Alumni Meet was organized on March 22, 2024, at the Lionel Gnanaraj Hall, CIHSR. The theme was "A God Defined End" based on Philippians 1:6. The event saw the participation of a total of 54 alumni both intra & extramural. During the event, **recognition** was given



# Christian Institute of Health Sciences & Research

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to alumni from the **GNM 2013 Batch, PBBSC (N) 2013 and 2014 Batch** for their contributions to the community. Three alumni from these batches were present and received tokens of appreciation. Alumni donations were made towards furnishing the Alumni Office of Rs.35,300/-. The Principal expressed gratitude for their generous contribution. **The First edition of the Alumni Newsletter** covering the period from January 2023 to December 2023 released by Dr.Mrs. Christy Simpson

“Give thanks to the Lord, for he is good; His love endures forever.” I Chronicles 16:34

I do thank all the vice principals, faculty, non-teaching staff, and administrators of the institution for their support, cooperation, and encouragement to carry out the task successfully throughout last year.

Recorded by: Dr. Christy Simpson, Principal, CON, CIHSR.



Principal  
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