

4th Mile, Dimapur, P.B. No. 31, P.O. ARTC. Nagaland – 797115. Ph: 03862-242555 www.cihsr.in



College of Nursing: NAAC Accredited

Email ID: con.cihsr@gmail.com Phone No: 03862242555

REPORT ON NSS ACTIVITIES (OCTOBER 2023 TO SEPTEMBER 2024)

CIHSR NSS unit includes 100 student volunteers of 1st year B.Sc. Nursing students (1st and 2nd semester) and 2nd yr B.Sc. Nursing Students (3rd and 4th semester) who are supervised by 4 teaching faculty. Annual schedule of events/activities are prepared by the NSS coordinator and the students actively participate in various activities/programs throughout the year. The NSS unit has also adopted a garden situated in front of the College of Nursing.

The various NSS activities carried out are:

SL.	DATE	No. of student	EVENT	Description of Activity
NO		participation		
1.	Once	1 st semester B.Sc.	Campus cleaning,	Once in a week (Monday or Tuesday)
	Weekly	(N): 50, 3 rd semester	gardening and	Area: College of Nursing and its
		B.Sc. (N): 50	plantation.	premises.
2.	30/10/23	1 st semester B.Sc.	Breast Cancer	The students attend awareness
		(N): 50	awareness	program on "Breast cancer & breast
		3 rd semester B.Sc.	month	self-examination" conducted by MSN
		(N): 50		department of CON, CIHSR. The male
				students attended class on "Testicular
				cancer & Self –testicular examination"
3.	26/1/23	1 st and 3 rd semester	Republic Day	Attended Flag Hoisting program at 6:30
		B.Sc. (N)		am at College of Nursing, CIHSR.
4.	1/3/24 &	The 1 st semester	Physical work out	Participated in playing basketball in
	4/3/24	B.Sc. N : 50		small groups.
5.	25 th to 27 th	2 nd and 4 th semester	College of	Theme: "Potentia, Patientia, Victoria"
	April 2024	B.Sc. N along with	Nursing Festival	Students participated in track, literary
		other CON students	(CONFEST)	and sport outdoor and indoor events.
6.	5th to 10th	1 st Semester B.Sc.	Community	Conduct Survey and analyze it.
	February	(N): 50	orientation	Resource mapping
	2024		Program (COP) at	Providing health education and
		Total Participants:	Pimla Village	awareness program.
		102 students.	Nagaland	Social work/promote environmental
				hygiene.
				Group discussion
				Conduct Health camp
7.	8/3/2024	1st semester B.Sc.	International	The students participated I the
		(N): 50	women's Day	program based on the theme: "Inspire
		3rd semester B.Sc.		inclusion: Empowering women against
		(N): 50		HIV". Organized by SNA, CON, CIHSR
				Unit in collaboration with Red Ribbon
				club, CON, CIHSR



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8.	2/4/24	Students of CON,	World Head and	Poster competition was organized by
0.	2/4/24	CIHSR	Neck cancer	ENT department of CIHSR hospital. The
		CITISIN	Awareness	students participated in poster
			Month	competition relating to awareness on
			Wionth	head and neck cancer which was
				displayed in the oncology OPD, CIHSR
9.	7/4/24	2 nd Semester B.Sc.	World Health	Theme: "My Health, My Right".
] J.	//4/24	(N) : 16 along with 1 st	Day	Gave health talk on 8 topics relating to
		yr GNM students	Day	First Aid measures of common accident
		yr Griffi Stadents		and emergencies at medicine
				Outpatient Department (CIHSR) on 8 th
				April 2024. 40 participants attended
				the program
10.	12/5/24	2 nd semester and 2 nd	International	Participated in the program organized
10.	12/3/24	yr B.Sc. (N) students	Nurses Day	by SNA Unit CIHSR.
		along with other	Nuises Day	Theme: "Our Nurses. Our Future. The
		Nursing students		economic Power of care"
11.	17/4/24	Students of CON,	Awareness on	The Fire & safety Department of CIHSR
	177 1721	CIHSR	Fire & Safety	in collaboration with District Fire and
		Cirisit	The a surety	Emergency Services, Chumoukedima
				organized a demonstration and hands-
				on practice session on Fire, safety (use
				of fire extinguishers etc.) where the
				students of CON, CIHSR also
				participated.
12.	31/05/24	10 students	World No	The NSS unit in collaboration with SNA,
12.	31/03/24	participated in Poster	Tobacco Day	and CIHSR Hospital organized poster
		competition. 3 rd Yr	Tobacco Day	competition and visited 5 different
		GNM students		schools to create awareness among the
		presented role play		students. The students presented a role
		presented role play		play and participated in poster
				competition. The speakers were
				doctors form CIHSR hospital. Anti-
				tobacco pledge was taken by all the
				participating students and teachers
				Theme: "Protecting Children from
				Tobacco Industry Interference"
13.	5/6/2024	2 nd semester (50) and	World	Theme "Land restoration,
13.	3/0/2024	4 th semester (50)	Environmental	Desertification and Drought Resilence"
		B.Sc. (N) students	Day	Activity: Campus cleaning Drive.
		along with other	Day	The participants were divided in to
		Nursing students.		smaller groups and assigned different
		ivuising students.		sinalier groups and assigned different



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		153 Nursing students		areas of the hospital campus to clean,
		and 13 faculty		sweep and pick up plastic waste.
14.	28/5/24	175 students along	Mental health	Topic: "Busting stress, Recovering
		with 2 nd and 4 th	awareness	minds"
		semester students	month	The students attended the session on
				the topic (management of stress),
				presented by Prof. Khumjanbery
				Murry, MHN Dept, CON and Ms.
				Atemla Anichari, Communication
				Training Officer, CIHSR,
15.	14/6/2024	Nursing students and	World Blood	Theme: "20 years of celebrating giving:
		faculty	Donor Day	Thank you blood donors!"
				NSS in collaboration Red Ribbon club,
				CON, CIHSR and Department of
				Transfusion Medicine, Blood Center,
				CIHSR promoted voluntary blood
				donation.
				23 Nursing students volunteered to
				donate blood & 14 were deemed
				eligible to donate. The Donors were
				awarded certificate, and refreshment.
16.	5/9/2024	2 nd and 4 th semester	Teachers' day	Organized a special program for the
		students along with	Celebration	teachers.
		other nursing		
		students		
17.	26/9/24	1 st semester B.Sc.	Orientation to	The new batch of students were
		Nursing: 50 students	NSS	oriented to NSS (Logo, Objectives,
				Moto, activities, curriculum and annual
				schedule) by Ms. Philanim A. Shimray
				through Ppt presentation.



Group Discussion, Mapping, health education and Social work in the community during COP.



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Students attending Breast cancer awareness and Testicular cancer awareness program.



Students participating in CONFEST, 2024

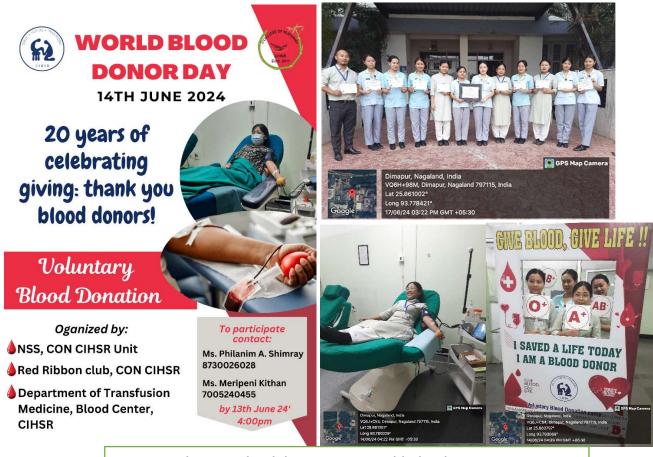


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Voluntary Blood donation on World Blood Donor Day.



World Environmental Day.



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Students and faculty of CON along with CIHSR hospital staff participating in flag hoisting ceremony on Republic Day.



Poster on World No Tobacco Day displayed in the Medicine Out Patient Department, CIHSR.



Posters on Head and Neck cancer Awareness displayed in ENT OPD, CIHSR.



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Students participating in the fire and safety awareness program.







Students participating in Routine Cleanliness Drive.

Reported by:

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