



Christian Institute of Health Sciences & Research

4th Mile, Dimapur, P.B. No. 31, P.O. ARTC. Nagaland – 797115. Ph: 03862-242555 www.cihsr.in

College of Nursing: NAAC Accredited

Email ID: con.cihsr@gmail.com

Phone No: 03862242555



REPORT ON CONFEST, 2024

The Annual Sports Day College of Nursing CIHSR was held under the Theme “*VICTORIA AMAT CURAM*” from 17th December – 19th December 2024. The event aimed to promote teamwork, discipline, and a spirit of healthy competition. The initial rounds for badminton, table tennis and carrom were held in the evenings of 13th December and 14th December 2024 from 4:30 pm to 9:00 Pm.

The Chief Guest Dr. B. Paul Ravindran, Principal, NERMPI, CIHSR inaugurated the event, inspired the student body with a speech and raised the flag, accompanied by the principal, vice- Principals, teachers, and enthusiastic students.

The event commenced with the solemn oath-taking ceremony, by Prof. A. Purnungla, Principal CON CIHSR, on 17th December 2024 at the football ground, where the sports captain of the four Houses: **Team Flyers (Green), Team Hustlers (Blue), Team Skywalkers (Yellow), and Team Swashbucklers (Red)**, led all participants in pledging to uphold the values of sportsmanship, fairness, and discipline.

Following the oath, students from different houses participated in a grand march past. Dressed in their house colors, they marched in perfect synchrony, showcasing discipline and team spirit.

After the march past Students showcased their strategic thinking and concentration in various games, including the literary, indoor and outdoor events filled with energy and enthusiasm as students competed.

OUTDOOR	INDOOR	LITERARY
Volleyball	Carrom	Singing Competition
High Jump	Table tennis	Rangoli
Long Jump	Arm wrestling	Spot Painting
Javelin Throw	Badminton	Poetry Writing
Shot Put	Basket Ball	Quiz
100 M Race		Extempore Speech
Relay Race		Go As You Like
Obstacle Race		Debate
Tug Of War		Group Dance
Marathon		Photography
10 outdoor events	5 indoor events	10 literary events

The faculty, together with members of the Student Sports Committee, were assigned responsibilities for overseeing the events. Their responsibilities included formulating guidelines and judging criteria, as well as coordinating the organization of the events.

The closing ceremony for CONFEST 2024 took place on 19th December 2024, at 2:30 pm in LG Hall. The event commenced with a prayer led by Ms. Cecilia Katasi, Associate Professor at CON, CIHSR. Mr. Amarjyoti Dutta, the Students Sports Convener, presented a concise overview of CONFEST 2024. Prizes were then distributed for various events.



Christian Institute of Health Sciences & Research

4th Mile, Dimapur, P.B. No. 31, P.O. ARTC. Nagaland – 797115. Ph: 03862-242555 www.cihsr.in

College of Nursing: NAAC Accredited

Email ID: con.cihsr@gmail.com

Phone No: 03862242555



Ms. Bendangmenla Ao Vice-Principal CON CIHSR, declared the **overall champion of CONFEST 2024 to Team Skywalkers (Yellow House)** and announced the most outstanding athletes and were honored with the **Best Sportsman and Best Sportswoman** awards to **Mr. Solaman Surin of the Green House** and **Ms. Wangya S of the Green House**, respectively.

Ms. M. Thujovelu Veshume, the CONFEST 2024 coordinator, expressed gratitude in her vote of thanks, and the event concluded with a closing prayer led by Ms. Ruokuokhonuo Livi, Vice-Principal CON CIHSR.

Feedback from Participants & Faculty

- **Students appreciated** the well-organized events and competitive spirit.
- **Teachers and staff praised** the enthusiasm, level of sportsmanship, participation and discipline of students.
- **Some students suggested** including more games like volleyball and tug-of-war.

Recommendations for Future Sports Events

- Provide portable mic system to enhance communication and engagement.
- Consider sponsoring prizes for best players from the College to boost participation and motivation.
- Reshuffling of the team for the students in the coming year.
- March Past Parade practice to start at least one month prior to CONFEST.
- Ensure that Faculty members are well informed about the rules and structure of the games they oversee.
- If possible, friendly match between faculty and students to be included.
- To conduct CONFEST during the cold season.

Conclusion

The **CONFEST 2024** was a resounding success, showcasing students' **talent, teamwork, and sportsmanship**. The event not only promoted **physical fitness and friendly competition** but also strengthened the **College spirit**.

The enthusiasm and participation from students and faculties made this event truly memorable. With **continuous improvements**, future sports events will become even more exciting and impactful!

CONFEST 2024 Coordinators:

Ms. M. Thujovelu Veshume, M. Sc Tutor

Ms. Binhile Semy & Videkhono Rhetso B.Sc N Tutor

Students Sports Convener

Mr. Amarjyoti Dutta, 4th Year BSCN



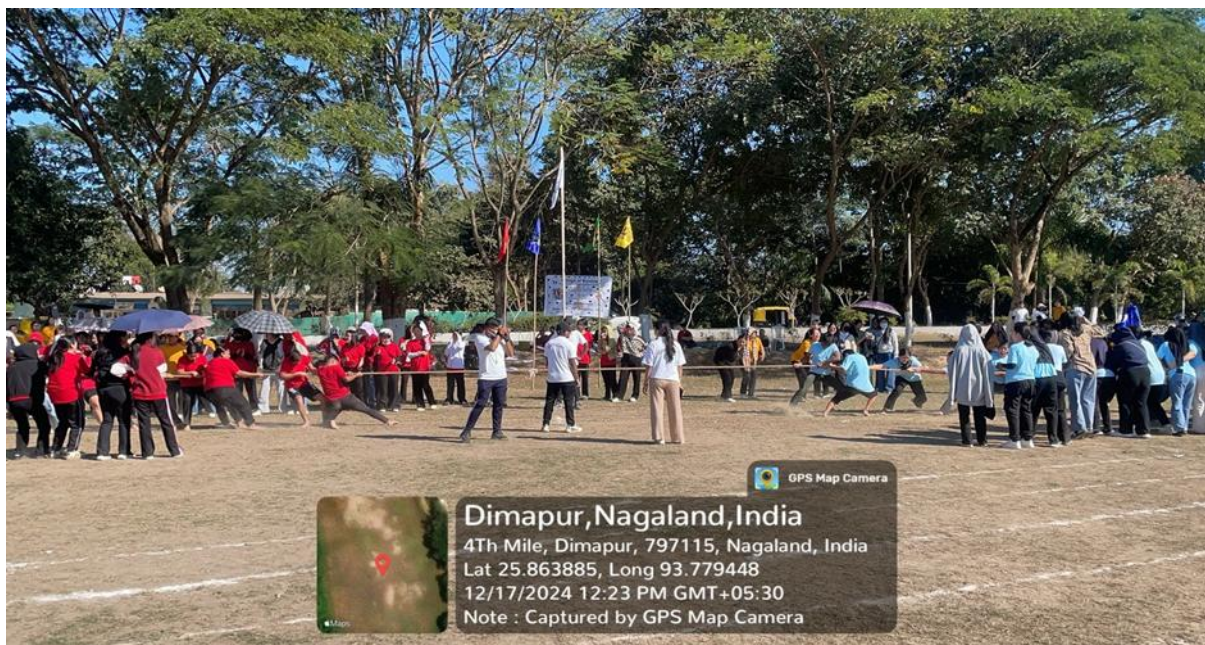
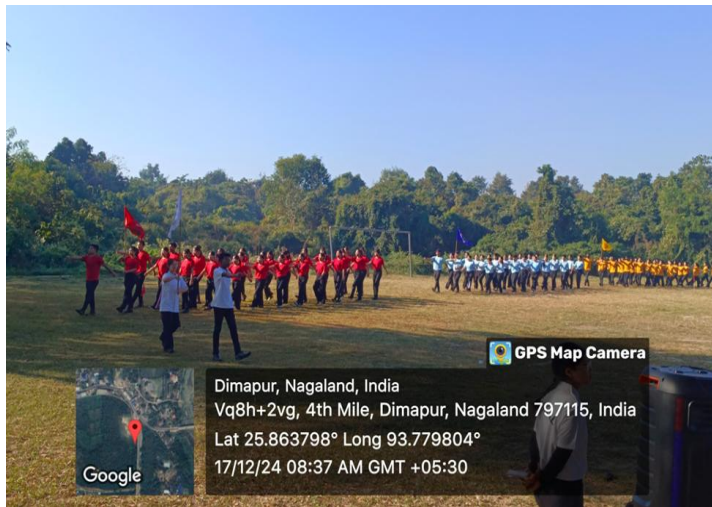
Christian Institute of Health Sciences & Research

4th Mile, Dimapur, P.B. No. 31, P.O. ARTC. Nagaland – 797115. Ph: 03862-242555 www.cihsr.in

College of Nursing: NAAC Accredited

Email ID: con.cihsr@gmail.com

Phone No: 03862242555



Reported by

Ms. M. Thujovelu Veshume
CONFEST 2024 coordinator
CON, CIHSR