



CHRISTIAN INSTITUTE OF HEALTH SCIENCES AND
RESEARCH, CHUMOUKEDIMA, NAGALAND



COLLEGE OF NURSING



Ready2Care Program

Professionalism Begins Here

A program that enables future nurses to build confidence,
refine professional skills, and prepare for successful careers
in healthcare.



The Ready2Care Journey

Discover

Career Expo

CV writing

Professional Skills Development

Alumni Voice

Professional Grooming and Etiquette

Listening Skills

Communication Skills

Professional Email and telephone etiquette

Time Management and Work-Life Balance in Nursing Practice

Basic computer skills



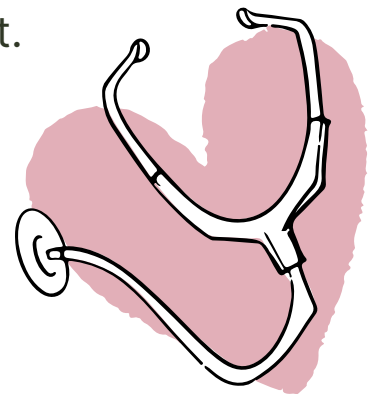
“Caring is the essence of nursing.” – Jean Watson

Discover

A career-readiness initiative designed to prepare final-year nursing students for professional practice by enhancing employability skills, clinical confidence, communication, and interpersonal competencies for today's healthcare environment.

Why Ready2Care?

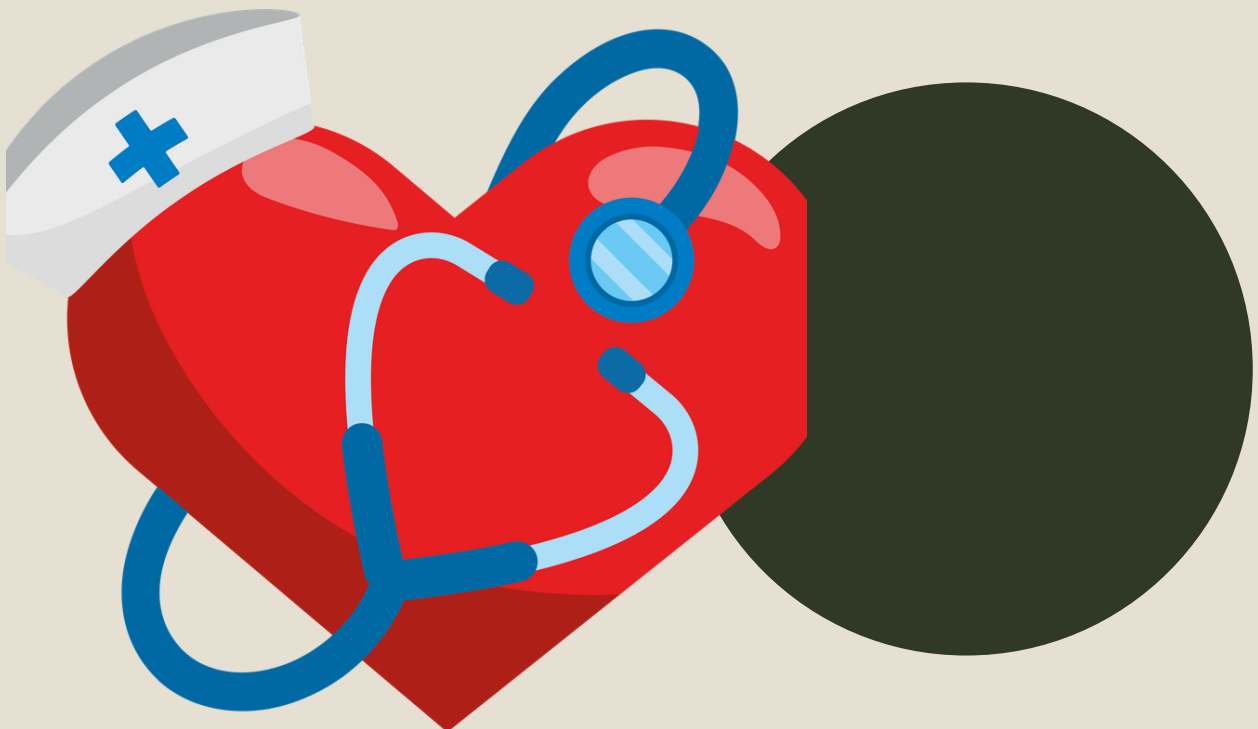
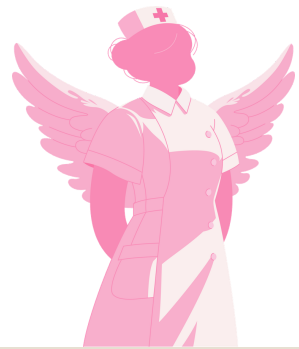
- Enhances workplace readiness
- Builds professional confidence
- Strengthens communication & teamwork
- Develops interview and employability skills
- Prepares students for real-world healthcare challenges



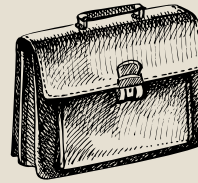
Inside Ready2Care



1. Career expo
2. CV writing
3. Professional Interview Skills
4. Alumni Voice
5. Professional Grooming and Etiquette
6. Active Listening and Communication Skills
7. Simulation-based communication training
8. Professional Email and telephone etiquette
9. Time Management and Work-Life Balance in Nursing Practice
10. Basic computer skills



Career Expo



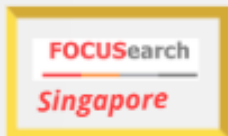
Where Future Nurses Meet Future Opportunities



The Ready2Care Career Expo is a dynamic platform designed to bridge the gap between nursing education and professional employment. The expo brings together leading hospitals, healthcare institutions, recruiters, and healthcare organizations from across the country to interact directly with students and alumni.



Meet your future employers:





CIHSR Career Expo, 2026



'A strong CV for a strong career pathway.'

CV Writing

This Module Helps Students To:

- Build a polished and professional resume
- Showcase your clinical and personal strengths
- Create effective job applications
- Increase employability and career readiness
- Stand out in competitive recruitment processes



Professional Interview Skills

Step into every interview prepared, professional, and confident.

It is not just any interview skills but it equips participants with the confidence and skills to excel in professional interviews within the healthcare sector. Through practical guidance and mock interview experiences, learners will strengthen their communication, presentation, and professional etiquette while learning effective strategies to answer interview questions confidently. The module also enhances workplace readiness and helps participants create a positive and lasting first impression.



Alumni Voice

Learning from Those Who Once Walked the Same Path



The Alumni Voice sessions connect current students with alumni professionals who share their real-world experiences, career journeys, and workplace insights. These interactions inspire, guide, and prepare students for professional practice while strengthening mentorship and networking opportunities.




**COLLEGE OF NURSING, CIHSR
ALUMNI ASSOCIATION**

**ALUMNI
VOICE
2025**

INVITES

ALL THE FINAL YEAR STUDENTS

*"Your journey began here,
but your impact reaches
far beyond these walls."*

Mr. Ronald Boris Beck
BSCN Batch 2017-2021
MScN NPCC Final Year

13th December 2025

11:00 Am

CSSC Conference Hall



College of Nursing
Christian Institute of Health Sciences and Research
Chumoukedima, Nagaland

**Alumni
Voice**

Mrs. Lanusangla
BSCN Batch 2016-2020
MScN MSN Oncology
DNS
Olive Christian Hospital and Research Center,
Dimapur

Mrs. Mohini Lama
GNM Batch 2012-2015
PBBSCN Batch 2022-2024
Charge Nurse, CICU
CIHSR

"Today's efforts. tomorrow's success"
Host: Ms. Kitila Amri

18-05-2026 **3 PM** **LG Hall**



Professional Grooming and Etiquette



Professionalism begins with the way you present yourself.

Through this Module, Students Will:

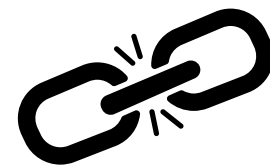
- ✓ Develop professional grooming and workplace etiquette
- ✓ Build confidence in professional interactions
- ✓ Strengthen communication and interpersonal skills
- ✓ Create a positive professional impression
- ✓ Enhance workplace readiness and professionalism





Listening is one of the most powerful skills in healthcare.

Listening Skills



This module helps participants develop effective listening skills essential for professional communication and patient-centered care. It focuses on attentive listening, empathy, understanding verbal and non-verbal cues, and responding appropriately in healthcare interactions.

Through interactive activities and practical exercises, participants will strengthen communication, build meaningful professional relationships, and enhance teamwork and patient care through active and compassionate listening.





Communication Skills



This module provides participants with hands-on learning experiences through real-life-like healthcare simulation scenarios designed to strengthen professional communication skills. Through role plays, and scenario-based activities, learners will practice effective communication, teamwork, empathy, and decision-making in a safe and supportive environment.



Professional Email and telephone etiquette



Professional communication reflects professionalism.

Through This Module, Students Will:

- ✓ Learn professional email writing skills
- ✓ Practice proper telephone etiquette and communication
- ✓ Develop clear, respectful, and professional interactions
- ✓ Build confidence in workplace communication
- ✓ Create positive professional impressions through effective correspondence





Balancing Care, Career, and Personal Well-Being



This module helps participants develop effective time management strategies and healthy work-life balance practices essential for professional nursing. It focuses on prioritization, productivity, stress management, self-care, and maintaining balance between professional responsibilities and personal well-being.



Basic computer skills



Digital skills for today's healthcare professionals.

This module equips participants with essential computer skills required for academic, professional, and healthcare settings. It focuses on fundamental digital competencies such as document preparation, email usage, internet navigation, presentations, and basic workplace technology applications.

Through practical hands-on learning, participants will develop confidence in using digital tools effectively, improving productivity, communication, and readiness for technology-driven healthcare environments.





COLLEGE OF NURSING, CIHSR

Contact Us



con@cihsr.ac.in



CIHSR, 4th Mile, Chumoukedima, Nagaland
797115

